

## Job Opportunities

**MIDDAY ASSISTANTS:** Sacred Heart School for Girls, Upminster is seeking to recruit two Midday Assistants to start in September. The hours are 6.75 hrs per week term time only and covers the lunchtime period (12.30 to 1.45 pm). An application form is available from the 'Job Vacancies' section on the School's website. **Closing date for applications is Friday, 10 August.**

**VOLUNTEERING OPPORTUNITY:** If you have some expertise in social/health care, education or business/management, or relevant life skills and have some spare time to help oversee a thriving charity, contact [governance@stelizabeths.org.uk](mailto:governance@stelizabeths.org.uk) or visit their website [www.stelizabeths.org.uk](http://www.stelizabeths.org.uk)

**THE PALMER CATHOLIC ACADEMY** is seeking recruit a number of Learning Support Assistants. Full details and application form are available from [www.tpc.academy](http://www.tpc.academy) or contact Julie Royer at the Academy on 020 8590 3808.

**ST JOHN'S RC SPECIAL SCHOOL, WOODFORD BRIDGE** is recruiting full time Class Assistants to work with students aged 5-25 with a wide range of special needs. Hours 9.00 am to 3.30 pm, term time only, experience preferred. Immediate and September starts available. For an application pack please contact the School Office on 020 8504 1818 or email [office@stjohnsrcschool.co.uk](mailto:office@stjohnsrcschool.co.uk).

## RECONCILIATION (CONFESSION) AND EUCHARISTIC ADORATION

The next Holy Hour on Saturday **will be on Saturday, 08 September at 5 pm.** However, the Priest celebrating the evening Mass on Saturdays will be available for confessions beforehand. Confessions are also available on request after weekday Masses or whenever Fr Matthew is in the Presbytery, or by appointment at any time.

**PLEASE ENSURE YOU ARE AWARE OF THE POSITION OF THE EMERGENCY FIRE EXIT DOORS IN THE CHURCH.**

# PARISH NEWSLETTER

## St Teresa's Catholic Church

The Presbytery, Brook Rd,  
Newbury Park,  
Ilford IG2 7JA

Tel No & Fax 020 8590 2414

Mobile 020 3332 0486

Reg Charity No 234092

Email: [stteresas.np@gmail.com](mailto:stteresas.np@gmail.com)

Website: [www.stteresasnewbark.com](http://www.stteresasnewbark.com)

Parish Priest: Fr Matthew Bemand-Qureshi



## THE 17TH-21ST SUNDAYS IN ORDINARY TIME (YEAR B) - AUG 2018



During August things are a little quieter in the parish as we move into holiday mode. Not everyone is able to go away however, and for some families it is a time for juggling work and family commitments. Some will be anxiously awaiting exam results. Let's not forget that holiday really comes from 'holy day'. Though the academic year provides a shape for many of our routines, August is also a relatively quiet month in the church's calendar, halfway between Easter and Christmas. It is however a month punctuated by a very important holy day: the Solemnity of the Assumption of the Blessed Virgin Mary, a feast which gives us great hope and consolation – we are confident that if we persevere in faith we shall one day join the great company of Our Lady and all the saints, and until we get there we benefit from having one of us there already who is a powerful intercessor and loving mother, helping us on our journey.

The gospel readings for the Sundays covered by this Newsletter come from the 'bread of life' discourse in John's gospel which follows the feeding of the five thousand, a passage which underscores for us the centrality of the eucharist in our faith. This summer whatever else we do let us not forget the importance of the Mass and especially when

travelling make every effort to be present on the Lord's day, and let us pray for a spirit of gratitude and reverence for this great gift, Christ our Lord and God present amongst his people to feed us miraculously and mysteriously with his own flesh and blood, that we may have eternal life.

Towards the end of August, I shall be representing the diocese at the World Meeting of Families in Dublin, and we shall also be participating as a family, joining other families from across the world and Pope Francis in thanksgiving for the great gift and vocation that is marriage and family life. Unfortunately, it has not been possible to arrange weekday Mass supply for this period, but I shall be celebrating Mass each day wherever I am and holding the intentions of the parish, and especially families, in my heart.

*God Bless you all*

*Fr Matthew*

### **VOTIVE CANDLES**

For reasons of safety, and to avoid wax dripping on to the carpet, it is not permitted to place any candles on the votive candles stands other than the votive lights provided. Any other candles found on the stands will, regrettably, be extinguished and removed.

## *Parish - Regular Notices*

**SICK AT HOME OR IN HOSPITAL:** If anyone is seriously ill at home or is in hospital, it is most important to let Fr Matthew know so that the sick person may receive the spiritual help of the sacraments. Relatives or friends should also inform the Catholic Chaplain of the hospital concerned (*at King George Hospital, 8590 9026; at Queen's Hospital, 01708 447761; at Whipps Cross Hospital, 8520 5877*).

**PRAYERS FOR THE SICK:** Please pray for those in our community who are sick and housebound as well as all the patients in Goodmayes, King George's and Queen's Hospitals. Also, the sick Priests of the Diocese - Frs Tom Jordan & Martin Nott.

**ANNIVERSARIES FOR AUGUST:** Irma Dann-Douglas, Maureen Hardy, Anton Jesudasan, Jimmy Maher, Desmond Marshall, Maverick McLoughlin, Rica Mendoza, Patrick Nolan, Jummy Omenke, Katherine Power, Richard Santos, Frederick Thompson, Millicent Vogt and Mary Walsh.

**BAPTISM PREPARATION:** If you are expecting a baby or have a baby for baptism in the next couple of months, please contact Helen Mac Mahon on 020 8590 9981 who will help you make the appropriate arrangements.

**MASS REQUESTS:** Special envelopes for this purpose are available at the back of Church. Please use one for each request and place your donation within it.

**CHURCH HALL:** The Church Hall is available for bookings by Parishioners.. Please contact Sid on 07887983310 for bookings and conditions.

**REFRESHMENTS AFTER 10.30 AM MASS ON SUNDAY:** Tea & coffee will be available in the Hall after Mass. Please do come along.

## NEWSLETTER TAKES A BREAK

The next Newsletter will be published on the weekend of  
01/02 September.

*(Morning Prayer - 20 mins prior to each weekday Mass)*

**Sat 28 Jul**  
5.30 pm Vigil Mass for the 17th Sunday in Ordinary Time  
6.00 pm Confessions (No Holy Hour)  
Mass Imelda Murray. Intention

**Sun 29 Jul**  
08.00 am The 17th Sunday in Ordinary Time  
10.30 am Mass Mollie Leahy. RIP Anniversary  
Mass Our Parish Community.

**Mon 30 Jul**  
09.30 am St Peter Chrysologus, Bishop, Doctor of the Church  
Mass Florence James. RIP

**Tue 31 Jul**  
09.30 am St Ignatius of Loyola, Priest  
Mass Brian James. RIP

**Wed 01 Aug**  
09.30 am St Alphonsus Mary de' Liguori, Doctor of the Church  
Mass Tushar Ghosh. RIP

**Thurs 02 Aug**  
09.00 am Weekday In Ordinary Time  
Mass Christopher Massa. Intention

**Frid 03 Aug**  
7.30 pm Weekday In Ordinary Time  
Mass Intentions of the Sick.

**Sat 04 Aug**  
5.30 pm Vigil Mass for the 18th Sunday in Ordinary Time  
6.00 pm Confessions (No Holy Hour)  
Mass Prof. Osborn Viegas. RIP

**Sun 05 Aug**  
08.00 am The 18th Sunday in Ordinary Time  
10.30 am Mass Our Parish Community.  
Mass Mary Anne Hendrie. RIP Anniversary

**Mon 06 Aug**  
09.30 am The Transfiguration of the Lord  
Mass Mrs Maureen Hickey. RIP

**Tue 07 Aug**  
09.30 am St Sixtus II, Pope, and Companions, Martyrs  
Mass Dontree Chansrimuang. RIP Anniversary

**Wed 08 Aug**  
09.30 am St Dominic, Priest  
Mass S. Kalaimaran. Intention

**Thurs 09 Aug**  
09.30 am St Teresa Benedicta of the Cross, Patron of Europe  
Mass Thomas Lenehan. RIP

**Frid 10 Aug**  
7.30 pm St Lawrence, Deacon, Martyr  
Mass Bernie Callahan. Intention

**Sat 11 Aug**  
5.30 pm Vigil Mass for the 19th Sunday in Ordinary Time  
6.00 pm Confessions (No Holy Hour)  
Mass Kathleen Quinn. RIP

**Sun 12 Aug**  
08.00 am The 19th Sunday in Ordinary Time  
10.30 am Mass Our Parish Community.  
Mass Tushar Ghosh. RIP

**Mon 13 Aug**  
09.30 am Ss Pontian, Pope, and Hippolytus, Priest, Martyrs  
Mass CWL Intentions

**Tue 14 Aug**  
09.30 am St Maximilian Mary Kolbe, Priest, Martyr  
Mass Rica Mendoza. RIP Anniversary

**Wed 15 Aug**  
09.30 am The Assumption of the Blessed Virgin Mary  
7.30 pm Mass Joanita Britto. RIP  
Mass Our Parish Community

**Thurs 16 Aug**  
09.30 am St Stephen of Hungary  
Mass Eamon Murphy. RIP

**Frid 17 Aug**  
09.30 am Weekday In Ordinary Time  
Mass Isabelo & Francisca Beltran.  
RIP Anniversaries

**Sat 18 Aug** Vigil Mass for the 20th Sunday in Ordinary Time  
 5.30 pm Confessions (No Holy Hour)  
 6.00 pm Mass Irene Adams. RIP

**Sun 19 Aug** The 20th Sunday in Ordinary Time  
 08.00 am Mass Our Parish Community  
 10.30 am Mass Anton Jesudasan. RIP Anniversary

**Mon 21 Aug** St Bernard, Abbot, Doctor of the Church  
 09.30 am Mass Margaret Cahalane. RIP

**(Tuesday, 21 August - Friday, 24 August - NO WEEKDAY MASSES)**

**Sat 25 Aug** Vigil Mass for the 21st Sunday in Ordinary Time  
 5.30 pm Confessions (No Holy Hour)  
 6.00 pm Mass Prof. Osborn Viegas. RIP

**Sun 26 Aug** The 21st Sunday in Ordinary Time  
 08.00 am Mass Our Parish Community.  
 10.30 am Mass David Leahy. RIP Anniversary

**(Monday 27 August - Friday, 31 August - NO WEEKDAY MASSES)**

**Sat 01 Sep** Vigil Mass for the 22nd Sunday in Ordinary Time  
 5.30 pm Confessions (No Holy Hour)  
 6.00 pm Mass Lavinia Pereira. RIP

**Sun 02 Sep** The 22nd Sunday in Ordinary Time  
 08.00 am Mass Peter McCullagh. RIP  
 10.30 am Mass Our Parish Community.

## Parish - Regular Meetings

**Tuesday:** Legion of Mary in the Pastoral Centre at 7.30 pm.

## Parish - In & Around

**WEEKDAY MASSES:** Please note there are some changes to Mass times during the first half of August, and no weekday Masses during the last two weeks of the month. Those who wish to attend Mass during the week are encouraged to go to one of our neighbouring parishes. Mass is usually celebrated at St Cedd's at 10.00 am on weekdays. However, you are advised to check their Newsletter or website.

**SOLEMNITY OF THE ASSUMPTION:** A reminder that the Solemnity of the Assumption of the Blessed Virgin Mary is **on Wednesday, 15 August** and is a Holy Day of Obligation. Masses on that day will be at 09.30 am and 7.30 pm.

**MISSION APPEAL:** *On the weekend of 25/26 August*, we welcome a member of the Congregation of the Sacred Hearts, who will celebrate the weekend Masses whilst Fr Matthew is away and make an appeal on behalf of the congregation in support of their missionary work.

**PASTORAL CARE:** If you need a priest in an emergency when Fr Matthew is away, please try St Cedd's (020 8590 9026) or Ss Peter and Paul's (020 8478 0583), or, for someone in hospital, please use the Hospital Chaplaincy contacts on page 2 of the Newsletter or ask the ward staff to contact the Catholic Chaplain for you.

**THANK YOU:** Peggy Mitchell and family would like to thank you all for all your kindness and support following Brendan's recent death. Your help was gratefully appreciated at this sad time. A special thank you to Father Matthew for his pastoral care. A Mass will be offered for your intentions at St Teresa's.

**PARISH OFFICE:** The Parish office **will be open as usual on Monday and Friday mornings** during August (excluding the Bank holiday).

**CHURCH CLEANING:** w/c 29 Jul - Team B; w/c 05 Aug – Team C; w/c 12/08 – Team D; w/c 19 Aug – Team A and w/c 26 Aug - Team B.

**OFFERTORY COLLECTION:** The Offertory collection (inc. Standing Orders) for **last weekend amounted to £1,003.75 of which 70% was "Gift Aided"**. Thank you all for your continued generosity.

**OBERAMMERGAU PASSION PLAY:** Every ten years the villagers of Oberammergau in Bavaria stage a Passion Play throughout the summer in thanksgiving for the deliverance of their village from the plague. A group of St Teresa's parishioners will be going **on a week-long trip from 10 August 2020** which will include Salzburg and the Austrian Tyrol, ending up with the Passion Play and one night in Oberammergau itself. The base price for 6 nights half-board (excluding single room supplement, insurance and optional excursions) is £1239 per person (20% reduction for children under 12). Information sheets and booking forms are available from the table near the Confessional. You can reserve a place by adding your name to the list in the Porch, **but you will also need to give your booking form and deposit to Fr Matthew by Wednesday, 15 August.** Fr Matthew will send any forms and cheques received by this date to the tour operator. After that if there are any remaining places you will need to contact the tour operator directly, but we will no longer have priority for those places. So, don't leave it too long.

**FIRST HOLY COMMUNION:** Parents of children who are currently in Year 2 at school and will therefore be hoping to make their first Holy Communion next year are asked to give their names and contact details (including email address) to the Parish Office via email or a note through the door **as soon as possible and preferably before Wednesday, 15 August.** If you have not yet completed a Parish Registration Form, please do so at the same time.

**HOLY HOUR:** *The next Holy Hour on Saturday evening will be Saturday, 08 September.* However, the priest celebrating the Saturday Vigil Mass will continue to be available for confessions beforehand.

**TUESDAY COFFEE MORNING GROUP:** A reminder that the next meeting of the Group will be **on Tuesday, 04 September** after the morning Mass.

**TUESDAY PRAYER GROUP:** There will no meetings of the Group during August. The next meeting will be **on Tuesday, 04 September at 7.30 pm.**

**CATHOLIC WOMEN'S LEAGUE:** There is no CWL meeting in August. Would members please note that the next meeting will be **on Monday, 10 September at 7.30 pm.**

**RAMFEL:** Donations of non-perishable food for the RAMFEL Foodbank to support refugee families living in our local area may be left in the Sacristy for collection by the Knights of St Columba, up to and including the **weekend of**

**11-12 August.** Cereal, rice, tuna, biscuits, tinned tomatoes, long-life milk and orange juice are especially welcome - for more information visit [www.ramfel.org.uk/wordpress/news/](http://www.ramfel.org.uk/wordpress/news/). RAMFEL are currently not in a position to accept donations of clothing.

**READERS & PROSPECTIVE READERS:** There will be a Day of Reflection & Enrichment for Readers (and prospective readers) **on Saturday, 20 October** at the Beckett Centre in Woodford Green. Please put the date in your diaries. More details to follow.

**REASONFAITHSCIENCE.COM** – a new resource from Bishop Robert Barron's Word on Fire that helps answer the question 'Is religion opposed to science?'. The answer is clearly 'no!': last Tuesday was the anniversary of the birth in 1894 of Fr. Georges Lemaître, a Belgian Catholic priest and physics professor who realised that the universe was expanding and formulated the Big Bang theory.

**WEBSITE PHOTO GALLERY:** A reminder that if you have any photos of Parish events etc, that you wish to share with others on the parish website, then please send them to [admin@stteresasnewbpark.com](mailto:admin@stteresasnewbpark.com) Recent additions to the Photo Gallery include pictures of Sylvia Gallagher receiving her Benemerenti medal from Fr Matthew as well as some of those taken at this year's Parish BBQ.

**CHURCH WINDOWS:** If you feel the need to open a Church window at any time, please do so **but do remember to close it on leaving the Church or arrange for someone else to do so on your behalf.** Also, if you attend the 10.30 am Mass on Sunday and, on leaving, see that the windows are still open, then please consider offering to help close them. The Window Pole can be found in the recess behind the Repository cabinet.

**TALKING BEFORE MASS:** Pope Francis said this at a recent General Audience in Rome: *'When we go to Mass, maybe we arrive five minutes before, and we start to chit-chat with those around us. However, it is not a moment for chit-chat. It is a moment of silence for preparing ourselves, a time for the heart to collect itself in order to prepare for the encounter with Jesus. Silence is so important.'* Please bear the Holy Father's teaching in mind, in order to show respect for the Blessed Sacrament, and for our fellow parishioners who are praying. Please show a good example to those around you.

**BRENTWOOD NEWS:** Copies of the June edition are now available at the back of the Church. They are **FREE** so please take one home with you and keep up to date with what is happening in the Diocese.

**CHURCH CAR PARK:** Please remember it is essential that emergency vehicles have clear access to the Church at all times. During the week, please do not park in front of the Hall gate and remember to leave your details at the Parish Office if you are leaving your car here outside Mass times.

**CHURCH GROUNDS:** Please remember to do what you can to keep the church grounds tidy - if you see some litter and it is safe to do so, please pick it up and put it in one of the two bins provided.

**PARISH ON FACEBOOK:** The Parish has a Facebook page - simply search for 'St Teresa's Newbury Park' or go to [facebook.com/stteresasnewburypark](https://www.facebook.com/stteresasnewburypark). If you use Facebook, please 'like' this page to keep up-to-date with what's on in the parish - this is also a simple way of giving witness to your Catholic faith.

**CHURCH HALL:** The Church Hall is available for bookings by Parishioners. Please contact Sid on 07887983310 for bookings and conditions.

**VISITORS:** If you are a visitor to St Teresa's then you are most welcome, and we very much hope you enjoy the service you are attending. If you are a tax payer and would like to "Gift Aid" your Offertory donation, then please use one of the special "Gift Aid" envelopes which you will find at the back of the Church.

**NEW PARISHIONERS:** You are very welcome here. Please make yourselves known to Fr Matthew and complete one of the Parish Registration Forms as soon as possible.

\*\*\*\*\*

**DIOCESE OF BRENTWOOD WEBSITE:** Visit [www.dioceseofbrentwood.net](http://www.dioceseofbrentwood.net) and update yourself on all information on the life of the Diocese.

**CAN YOU HELP?** Overnight volunteers are still needed Sunday-Thursdays at the night shelter at The Salvation Army in central Ilford. If you are interested to help, please email [ilford@salvationarmy.org.uk](mailto:ilford@salvationarmy.org.uk) or call 020 8478 2961. Volunteers overnight can nap once guests are asleep but will be asked to help with some of the health and safety checks overnight and breakfast tasks.

**VINCENTIAN VOLUNTEERS:** Are you aged between 18-35? Have you ever wanted to spend a year making a real difference in the community? Have you thought about trying to live out Gospel values in a faith-filled community? If the answer to these questions is yes, then become a Vincentian Volunteer - living in community, serving the needy in our society and living out your faith practically. Spend a year that will change your life. If you want to know more, then visit [www.vincentianvolunteers.org.uk](http://www.vincentianvolunteers.org.uk)

**CATHOLIC SCHOOL GOVERNORS:** We are looking to identify new Foundation Governors and Directors for our Catholic schools and academies across the Diocese of Brentwood. We are seeking expressions of interests from practising committed Catholics for this role and ministry. Foundation Governors are personally appointed by the Bishop to Diocesan schools to represent his interests and those of the Catholic community as a whole. Foundation Governors share the responsibilities of all governors namely - Ensuring clarity of vision, ethos and strategic direction; Holding the Headteacher to account for the educational performance of the school and its pupils, and the performance management of staff; and Overseeing the financial performance of the school and making sure its money is well spent. If you are interested and want to be considered, please send a CV to [sophierussell@dioceseofbrentwood.org](mailto:sophierussell@dioceseofbrentwood.org) For more information please see flyer at the back of the Church.

**THE ESSEX RECUSANT SOCIETY** (Brentwood Diocesan Historical Society) will be hold its Annual General Meeting **at 2.30 pm next Saturday, (04 August)** at The Grange, 93 Queens Road, Brentwood. The meeting will be followed by a talk: 'Family connections between Recusants in Essex (the Petre Family) and Lancashire' given by Mrs Patricia Paxon. All are welcome.

**WALSINGHAM HOUSE AT ABBOTSWICK:** Celebrate the "official opening" of Walsingham House at Abbotswick (Navestock Side, Near Brentwood, CM14 5SH), **on Saturday, 01 September**. Grounds open 11 am; Mass with Bishop Alan at 12 noon. Throughout the afternoon there will be live music and bouncy castles. You are welcome to bring a picnic; Barbecued food, Cream teas and ice creams will also be on sale. Celebrate the refurbishment of Walsingham House at Abbotswick, the prayer, peace and space that is here, and the youth ministry that welcomes 5,000 young people through the doors of the house every year. More information [www.bcys.net/WHAbbotswick](http://www.bcys.net/WHAbbotswick) and on the [www.bcys.net](http://www.bcys.net) events page.

**YOUNG CATHOLIC ADULTS (YCA) WEEKEND:** During the weekend of the **7-9 September**, YCA will be running a retreat at Douai Abbey. The weekend will be full-board. YCA will be running the weekend with the Schola Gregoriana of Cambridge who will be holding Gregorian Chant workshops. There will also be a Marian Procession, Rosaries, Sung Masses, Confession, talks (on the beauty of silence in the Mass plus social media and evangelization) and socials. All Masses will be celebrated in the Extraordinary form. To guarantee your place this year, please **book before 17 August**. You can do this on-line at <https://bookwhen.com/youngcatholicadults-douai2018> For more information go to <http://youngcatholicadults-latestnews.blogspot.co.uk/>

**REDBRIDGE FAITH FORUM:** Please consider joining the Multi-faith Walk of Peace through Ilford on **Sunday, 23 September**.

**CALAIS LIGHT:** Ever felt you'd like to help the destitute migrants in Calais but not known where to start? We run regular weekend car convoys from Brentwood Cathedral to chop veg & sort Refugee donations at the amazing Help Refugees UK Warehouse in Calais. Please think about this & volunteer with us. If you can't, please donate with compassion at [www.justgiving.com/crowdfunding/calaislight](http://www.justgiving.com/crowdfunding/calaislight). **The next trip is scheduled for the weekend of 28-30 September**. Sign up to volunteer on our Facebook page 'Calais Light', email us at [calaislight@yahoo.com](mailto:calaislight@yahoo.com) or check out the Brentwood Cathedral Website.

**BCYS YOUTH GATHER:** This event, open to those in school Year 9 and above, **will take place on 20 - 21 October** at Essex Outdoors, on Mersea Island. The location now boasts new cabin accommodation and a brilliant range of outward bound activities. Opportunities for climbing high ropes, abseiling, zip wires and much more will keep you challenged and entertained, with guest speakers and workshops which will give you fresh insights into yourself, and your faith, by telling their stories. One of our speakers for this Autumn will be the lively, humorous and engaging speaker Fr Paul Keane, Vice Rector of St Mary's College, Oscott. The cost includes lunch and dinner on the Saturday, breakfast and lunch on the Sunday, two Mersea activities, 2 BCYS workshops, and a night in a Mersea log cabin – all of this for just £50. This price is thanks to National Youth Sunday parish collections, to help us subsidise such opportunities. You can apply by creating an account at [www.bcys.net](http://www.bcys.net) and applying on the Events page

**THE CATHOLIC MOTHERS APOSTOLATE** is offering a retreat for teen girls and their mums. Join them at Aylesford Priory **on Saturday, 27 October** for a day dedicated to learning more about women's issues. Tickets are £120 per mother-daughter pair, with an Early Bird rate of £100. For more details visit <https://www.tickettailor.com/events/catholicmothers/177368>

**CHAIR-BASED EXERCISE FOR THE OVER 50'S:** The sessions are held at Ss Peter & Paul's Parish Centre Small Hall **on Wednesday afternoons, from 12.30 pm to 1.30 pm**. The exercises aim to improve *Postural Stability* and *Falls Prevention*. Our Instructor is excellent, very experienced and caring. The cost is £30 for 10 sessions. (Compare that to the cost of one session with a private physiotherapist). You may like to tell friends about this opportunity. Just come along.

**SOCIAL DANCING CLASSES** have started on Monday evenings in the lower hall at St Cedd's from 8 pm. Dance Instructors Josepha Nevin and Jim Campbell, learn to Jive, Waltz, Quickstep, Line dance & much more. Adults £7, OAP's £5. For further information contact Josie on 07815989345.

**ST CEDD'S CATHOLIC CLUB:** Music every Sunday night from 9 pm, admission £5. Social Dancing in the Lower Hall every Monday from 8 pm to 9.30 pm – Learn to Jive, Foxtrot, Quickstep, Waltz and Line Dance. Classes £7 (OAP £5).

**ST CEDD'S YOUTH CLUB**, Blythwood Road, Goodmayes (opposite Homebase) is a Youth Club open every Friday evening from 6 pm to 8 pm for Youngsters in School Year 5, 6 and 7 and from 8 pm to 10 pm for those in School Year 8 upwards. Come along and play Badminton, Table Tennis, PS4, Table football, air hockey or try one of our other games. Or just come along to relax and hang out, listen to music or just to see friends. Membership costs £3.00 and then £1.00 a week or visitors are £1.70 weekly. Come along and try us any Friday evening. Any questions please ring John on 07803116729.

**NEWSLETTER ITEMS:** If you have any items for inclusion in the weekly Newsletter then please email them to Gerry Gillan at [gerry.gillan5@gmail.com](mailto:gerry.gillan5@gmail.com) and copy to [admin@stteresasnewbpark.com](mailto:admin@stteresasnewbpark.com) The copy deadline for including items in the Newsletter is Thursday 12 noon. Unfortunately, we cannot guarantee to include all requests we receive in the paper edition, but we will make every effort to accommodate articles and insertion requests in the on-line edition including job vacancies.