

Services During the Week

(Morning Prayer - 20 mins prior to each weekday Mass)

Sat 15 Sep 5.00 pm 6.00 pm	Vigil for the 24th Sunday in Ordinary Time <i>Holy Hour with Exposition and Confessions</i> Mass <i>Jean Mohammed. RIP</i>
Sun 16 Sep 08.00 am 10.30 am	The 24th Sunday in Ordinary Time Mass <i>Our Parish Community.</i> Mass <i>Hugh Fullerton. RIP</i>
Mon 17 Sep 09.30 am	St Robert Bellarmine, Bishop, Doctor of the Church Mass <i>May Hendrie. RIP Anniversary</i>
Tues 18 Sep 09.30 am	Weekday in Ordinary Time Mass <i>Kathleen Delaney. RIP</i>
Wed 19 Sep 09.30 am	St Theodore of Canterbury, Bishop Mass <i>Anton Jesudasan. RIP</i>
Thurs 20 Sep 09.30 am	Ss Andrew Kim Tae-gon, Paul Chong Ha-sang, & Comps Mass <i>Teresa Judge. RIP</i>
Frid 21 Sep 09.30 am	St Matthew, Apostle, Evangelist Mass <i>Angele Deveersmaecker. RIP Anniversary</i>
Sat 22 Sep 5.00 pm 6.00 pm	Vigil for the 25th Sunday in Ordinary Time <i>Holy Hour with Exposition and Confessions</i> Mass <i>Frank George. RIP Anniversary</i>
Sun 23 Sep 08.00 am 10.30 am	The 25th Sunday in Ordinary Time Mass <i>Our Parish Community.</i> Mass <i>Margaret Myles. RIP</i>

RECONCILIATION (CONFESSION) AND EUCHARISTIC ADORATION

Unless otherwise stated, there is a Holy Hour every Saturday from 5 pm, during which time the priest will be available in the Reconciliation Room to hear confessions. Confessions are also available on request after weekday Masses or whenever Fr Matthew is in the Presbytery, or by appointment at any time.

PARISH NEWSLETTER

St Teresa's Catholic Church

The Presbytery, Brook Rd,
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Tel No & Fax 020 8590 2414
Mobile 020 3332 0486



Reg Charity No 234092

Email: stteresas.np@gmail.com Website: www.stteresasnewbark.com
Parish Priest: Fr Matthew Bemand-Qureshi

THE 24TH SUNDAY IN ORDINARY TIME (YEAR B) - 16 SEPTEMBER 2018



Last Friday was the feast of the Exaltation of the Holy Cross, also known as the Triumph of the Holy Cross. The feast has its origins in the dedication of the Church of the Holy Sepulchre in Jerusalem in the year 335. Nine years before, according to tradition, St Helena, the mother of the emperor Constantine, had found three crosses buried in a pit; one was identified as the cross of Christ after those who touched it were miraculously healed of sickness. Despite the scoffing of sceptics there is no real reason to doubt these traditions nor that the relics of the True Cross venerated around the world are anything other than what they claim to be – it has been shown that there really aren't more of these fragments than could come from a single cross, let alone enough fragments to fill a ship as John Calvin claimed. (It is a little more doubtful that St Helena was the daughter of 'Old King Cole' of Colchester as was claimed in the middle ages, though she is one of the patrons of our Cathedral!)

Nevertheless, our faith does not stand or fall on the genuineness of any individual relic – what it does utterly depend on is the truth that Jesus Christ, the incarnate Son of God, truly died on the cross and then rose from the dead on the third day, transforming the cross from a thing of shame into the emblem of our faith and the most vivid symbol of God's love for us. That Jesus of Nazareth was crucified is a historical fact,

evidenced by independent contemporary sources. That he rose from the dead and was truly the Son of God as he claimed is the most satisfactory explanation of the fact that not only was the tomb empty and a body never found, but also that his closest followers were so convinced of the resurrection and his divinity that they were ready to die for their faith.

Today's gospel contains both Peter's confession of Jesus' true identity and Jesus' first prediction of his coming passion, death and resurrection. Peter recoiled at this, despite having been enlightened by the holy Spirit only moments before, and yet we know that Son of God came into the world precisely for this purpose: to reconcile sinful humanity to God. Jesus identity and mission are inextricably linked. We can hold the cross up high with confidence and call the day of his death 'Good', because it is through the cross that our communion with God is restored. But we cannot be passive spectators in the drama of salvation, as Jesus words in this gospel make very clear. To be a follower of Christ (and this is the only certain path to salvation) we must each renounce ourselves and take up our cross. To renounce ourselves means to live for God and not for ourselves. To take up our cross means not merely to accept whatever burdens and struggles life brings, but to actively seek God's will in all things, and surrender ourselves completely to him who alone can bring us eternal happiness. We do so with the supreme confidence that comes from knowing that each of us is engaged in a spiritual battle, and by taking up the cross of Christ we are arming ourselves with the mightiest weapon and holding aloft the standard of a battle that has already been won. Constantine's own journey to the fullness of the Christian faith was helped by a vision of the cross on the eve of a major battle, accompanied by the words 'in this sign conquer'. May we who glory in the cross of Christ also share his victory!

God Bless you all.

Fr Matthew

Parish - Regular Notices

SICK AT HOME OR IN HOSPITAL: If anyone is seriously ill at home or is in hospital, it is most important to let Fr Matthew know so that the sick person may receive the spiritual help of the sacraments. Relatives or friends should also inform the Catholic Chaplain of the hospital concerned (*at King George Hospital, 8590 9026; at Queen's Hospital, 01708 447761; at Whipps Cross Hospital, 8520 5877*).

PRAYERS FOR THE SICK: Please pray for those in our community who are sick and housebound as well as the patients in Goodmayes, King George's and Queen's Hospitals. Also, the sick Priests of the Diocese - Frs Tom Jordan & Martin Nott.

ANNIVERSARIES FOR SEPTEMBER: Frs Pat Cavanagh & Conrad Smith, Win Dean, Michael Derra, Sean Dorr, Frank George, Freda Godfrey, Joan Hall, Roy Hazeldene, Victor Higgins, Tim Kelly, Violet Long, Bridget McCabe, Eileen O'Neill, Joanna Oliver, Maria Grazia Palumbo, Kenneth Pogu, Adriana Spiers, Fiona Ward and Winifred Wholey.

BAPTISM PREPARATION: If you are expecting a baby or have a baby for baptism in the next couple of months, please contact Helen Mac Mahon on 020 8590 9981 who will help you make the appropriate arrangements.

MASS REQUESTS: Special envelopes for this purpose are available at the back of Church. Please use one for each request and place your donation within it.

CHURCH HALL: The Church Hall is available for bookings by Parishioners. Please contact Sid on 07887983310 for bookings and conditions.

REFRESHMENTS AFTER 10.30 AM MASS ON SUNDAY: Tea & coffee will once again be available in the Hall after Mass.

PLEASE ENSURE YOU ARE AWARE OF THE POSITION OF THE EMERGENCY FIRE EXIT DOORS IN THE CHURCH.

Parish - Meetings this Week

- Tuesday:** Coffee Morning Group in the Pastoral Centre after Mass.
Legion of Mary in the Pastoral Centre at 7.30 pm.
Prayer Group in the Church at 7.30 pm.
- Thursday:** FHC Group in the Hall at 7 pm.

Parish - Rotas

This Week - Cleaning: *Team A.*

Next weekend - Readers (R) & Eucharistic Ministers (EM)
6.00 pm (R) *Mary. (EM) Michael N.+ Any Available EM.*
08.00 am (R) *Francis. (EM) Kevin & Gilbert.*
10.30 am (R) *Bernadine & Julia. (EM) Petrona, Ann M.
Mavis, Sue O'B. & Edna.*
Small Linen Laundry: *Gladys. Flowers: Pam & Linda.*

Parish - In & Around

OFFERTORY COLLECTION: The Offertory collection (inc. Standing Orders) **for last weekend totalled £930.51, of which 70% was "Gift Aided"**. Thank you all for your continued generosity and support.

RETIRING COLLECTION LAST WEEKEND: **The retiring collection last weekend raised £302.01** in support the work of the Catholic Education Service (CES). Many thanks for your generosity.

PASTORAL LETTER: Bishop Alan's Pastoral Letter setting out his vision for Catholic education in this diocese can be viewed on the parish and the diocesan websites. Copies are also available at the back of church.

RETIRING COLLECTION THIS WEEKEND: **This Sunday is Home Mission Sunday** and we are invited to pray for and support the work of evangelisation close to home through having a retiring collection after all Masses. All the money

raised will go towards funding a number of national projects, including the development of resources to support ministry and outreach to non-churchgoing (lapsed) Catholics. There are around four million baptised in our countries who never or rarely attend church. Please do help the bishops to resource this important work. Donations may be "Gift Aided", so those in the "Gift Aid" scheme, please remember to use one of your "Special Collection" envelopes for your donation and the fund will benefit by a further 25%. (If you have forgotten your envelope, then do use one of the special light blue "Gift Aid" envelopes which you will find at the back of the Church.)

RAMFEL: The Knights of St Columba will be taking items to the RAMFEL Foodbank in Ilford this week. Donations of non-perishable food may be left in the Sacristy **this weekend or in the early part of the week**. RAMFEL is currently unable to accept donations of clothing.

NEW ROTAS: New rotas are now in operation for the Small Linen Group, Eucharistic Ministers and Readers. Copies of all the Church rotas can be found on the Notice Board in the Porch as well as on the Parish website.

FIRST HOLY COMMUNION: The introductory meeting for this year's First Reconciliation and First Holy Communion programme will take place **on this coming Thursday, (20 September) at 7 pm** in the Hall. This is a meeting for parents and children. Younger children may be brought along if you have difficulty making child care arrangements. Subsequent sessions will also be on Thursday evenings. Children are eligible to join the programme if they are in Year 3 or above and will be expected to attend all the sessions and Mass every Sunday. If you haven't done so yet please email the Parish Office with your child's details, so that we can make sure we have enough books.

MACMILLAN COFFEE MORNING: Please make a special point of popping into the Hall **after the 10.30 am Mass next Sunday, (23 September)** for some tea, coffee, biscuits and cake and support the Catholic Women's League's fund-raising efforts in aid of Macmillan Nurses.

BECOMING A CATHOLIC: If you are feeling drawn to the Catholic faith and would like to begin exploring the possibility of baptism or being received into the full communion of the church if you were baptised in another Christian community or completing the journey of initiation if you have not yet been confirmed, please speak to Fr Matthew as soon as possible. There will be a

course of preparation leading up to the celebration of these sacraments at Easter, so it is important to have this conversation sooner rather than later. You will not be committed to anything at this stage, only encouraged to seek the gift of faith with an open heart.

DIVINE MERCY RETREAT: St Teresa's will host a Divine Mercy Retreat led by the Marian Fathers **on Saturday, 13 October from 11.00 am – 4.30 pm.** Please look out for a flyer on the Notice Board in the Porch for details of the day's programme.

READERS & PROSPECTIVE READERS: Calling all who read the Words of Scripture at Mass. A day of reflection and enrichment has been arranged to take place at The Becket Centre, Woodford Green **on Saturday, 20 October** led by Dr Marian Tolley from Shrewsbury Diocese. The day will start at 10.00 am with registration & refreshments and will end at 4 pm. Please bring a packed lunch, tea and coffee will be available during the day. Book your place by the Doodle link <https://doodle.com/poll/h49mzkv7hxxqu8tw> or email us adeleangel@dioceseofbrentwood.org or Bernadette at richard.ebling@btinternet.com or phone 01206 385 881.

IMPORTANT DATES FOR YOUR DIARY: The annual Parish Dinner & Dance will take place this year **on Friday, 14 December** at Luigi's Restaurant, Gant's Hill. The event will be limited to a maximum of 70 people and tickets, which will again be priced at £35 each, will be allocated on a "first come first served" basis. Early reservations with Jane on 07966 431232 are therefore highly recommended for this popular parish event. Before then though, we have the annual Christmas Fayre which will take place **on Sunday, 25 November.** To make this event a success we shall once again need your specific help in providing donations for the various stalls and raffles e.g. bottles, toiletries, tins, cakes, biscuits etc. So, from now on, please do start putting aside whatever items you can for this important fund-raising event. Also, if you are able to help out in any way, either before the event or, on the day itself, please contact Jane on 07966 431232.

CHURCH CAR PARK: Please remember it is essential that emergency vehicles have clear access to the Church at all times. During the week, please do not park in front of the Hall gate, and remember to leave your details at the Parish Office if you are leaving your car here outside Mass times.

CHURCH GROUNDS: Please remember to do what you can to keep the church grounds tidy - if you see some litter and it is safe to do so, please pick it up and put it in one of the two bins provided.

VISITORS: If you are a visitor to St Teresa's then you are most welcome and we very much hope you enjoy the service you are attending. If you are a tax payer and would like to "Gift Aid" your Offertory donation, then please use one of the special "Gift Aid" envelopes which you will find at the back of the Church.

NEW PARISHIONERS: You are very welcome here. Please make yourselves known to Fr Matthew and complete one of the Parish Registration Forms as soon as possible.

ST JOSEPH'S CONVENT SCHOOL, WANSTEAD: Applications are invited for our Nursery Class to start in Autumn 2018 – girls born between 1/9/14 to 31/8/15 and Reception Class – girls born between 1/9/13 – 31/8/14. There are also places available across the remainder of the school. Please email enquiries@stjosephsconventschoo.co.uk or call 0208 989 4700 for further information and to arrange a visit to view the school.

COUNSELLORS & FACILITATORS NEEDED: Would you like to help to support couples in distress regardless of their ability to pay? Marriage Care are looking for qualified relationship Counsellors (with 150 hours supervised practice) and Marriage Preparation Facilitators for our local centre. Volunteering, with Marriage Care can be a truly rewarding experience. You will find support from like-minded people and have the opportunities to increase your knowledge and skills in this role. Please contact at marriagecare@hotmail.com to find out more.

CATHOLIC HISTORY WALKS: A number of walks are scheduled in the coming weeks, namely – "*The City and its Wall*" **this Sunday, (16 September) at 6 pm.** Meet at St Etheldreda's Church, Ely Place, London. EC1N 6RY. Nearest Tube: Farringdon. "*For King and Country!*" **On Sunday, 23 September at 4 pm and Tuesday, 09 October at 6.30 pm.** Meet on the steps of Westminster Cathedral. Nearest Tube: Victoria. "*Southwark and the Borough*" **on Sunday, 07 October at 4 pm.** Meet at the Church of the Most Precious Blood, O'Meara Street. SE1 1TD. For more information please contact chwalkslondon@gmail.com

CATHOLICISM – AN INTRODUCTORY COURSE FOR YOUNG ADULTS: Are you 18-35? Do you have an enquiring mind? Do you want to think more deeply about who God is and what the death and resurrection of Christ means? If so, then *An Intelligent Person's Guide to Catholicism* beginning **on this coming Wednesday, (19 September)** at Brentwood Cathedral is for you. For more information visit www.cathedral-brentwood.org

APOSTLESHIP OF THE SEA invites you to a Mass in honour of our patron Stella Maris, Our Lady Star of the Sea. Come pray for the work of Apostleship of the Sea and for seafarers **on this coming Thursday, (20 September) at 9.15 am in the Cathedral of St Mary & St Helen, Ingrave Road, Brentwood, CM15 8AT.** Bishop Alan Williams will celebrate Mass, followed by a reception. All invited. Please RSVP by email to roland@apostleshipofthesea.org.uk www.apostleshipofthesea.org.uk

WORKS OF MERCY: The next Rosary Procession Vigil, led by Fr Jacob Hausman CFR, will be held **next Saturday, (22 September),** at St. Francis of Assisi Church, Grove Crescent Road, Stratford. After Mass at 10.00 am the procession, following an Image of Our Lady of Guadalupe, will head towards the BPAS abortion centre, Stratford where we shall pray 15 decades of the Rosary and sing hymns. At approximately 12 noon, we return to St Francis' for refreshments. For further details call 01727 763832 or e-mail marg@helpersuk.org

REDBRIDGE FAITH FORUM: Please assemble at the Holocaust Memorial Garden, Valentines Park **at 12.30 pm next Sunday, (23 September)** and join the Multi-faith Annual Walk of Peace through Ilford, stopping at Buddhist, Muslim, Hindu and Christian faith venues on the way. All welcome for all or part of the walk Feel free to join/leave at any point ~ light refreshments on route!

GOOD COUNSEL NETWORK: Moves are afoot to bring in anti- Christian censorship zones around abortion centres in the UK. **On Friday, 28 September,** the Vigil of the Feast of St Michael, please pray and fast for the end of abortion and euthanasia in this country. Your prayer and fasting is urgently needed, and it really does save lives. For information on the days of Prayer and Fasting go to <http://www.goodcounselnet.co.uk/Prayer-and-Fasting-Days.html>

THE CATHOLIC MEDICAL ASSOCIATION (CMA) invites all young (18-35yrs) Catholics in healthcare (doctors, nurses, medical students, nursing students, pharmacists etc) to the Third Annual CMA Youth Conference, to be held **on Saturday, 29 September from 1.30 pm – 5.30 pm** at St Aloysius' Catholic Church, Euston. Speakers and a panel will explore the meaning of the culture of life in relation to healthcare and how to live by that culture in our professional and personal lives. There will be a small fayre to showcase the work of lay and religious organisations related to healthcare and tea and coffee will be provided during the break. Entry is by donation (suggested donation: £5, payable at the door). Please be generous in order to enable the continued work of the Catholic Medical Association's Committee for the New Evangelisation (CMANE). The CMANE supports young Catholics in healthcare. Register at buildingacultureoflife.eventbrite.co.uk or facebook.com/CMAEnglandandWales

ROYAL SCHOOL OF CHURCH MUSIC AREA FESTIVAL: A Special One-day "Come and Sing" Event for Choirs and Individual Singers will take place at Chelmsford Cathedral **on Saturday, 29 September** led by James Davy, Master of the Music, Chelmsford Cathedral and featuring the music of Martin Shaw who died 60 years ago in 1958. All choirs and individual singers are welcome. Registration at 10.00 am with the Festival Service starting at 4 pm. Registrations and requests for the booklet containing the music (£5) to be used in the Festival to Shirley Timmins, 156 Warley Hill, Brentwood, CM14 5HF. Telephone (answerphone) 01277 233302 or e-mail shirleytimmins@btinternet.com or through the website www.rscm-eel.org.uk.

CALAIS LIGHT: A reminder that **the next trip is scheduled for the weekend of 28-30 September.** Sign up to volunteer on our Facebook page 'Calais Light', email us at calaislight@yahoo.com or check out the Brentwood Cathedral Website.

ESSEX RECUSANT SOCIETY (Brentwood Diocesan Historical Society): The next meeting will take place at The Grange, Queens Road, Brentwood CM14 4EY **on Saturday 29 September at 2.30 pm,** when Mrs Patricia Paxon will speak on 'Connections between Recusant Families in Essex and Lancashire.' All are most welcome.

BEGINNING EXPERIENCE: There is a healing weekend for men and women who find themselves single again following separation, divorce or the death of a partner from **Friday, 05 to Sunday, 07 October** at the Domus Mariae Centre, Chigwell, Essex. For details please contact Freda on 01322838415 or Sandra on 01293783965 or email johnbrotherton@hotmail.co.uk

THE CATHOLIC CHURCH AND THE EUROPEAN PROJECT: A study day on this theme will be held at the Church of Christ the Eternal High Priest, Gidea Park, RM2 6DH **on Saturday, 06 October**. The speaker will be Fr Ashley Beck, priest of the archdiocese of Southwark, and Senior Lecturer in Pastoral Ministry at St Mary's University, Twickenham. The day begins at 11.00 am. and ends at 3 pm. Admission is free, and refreshments will be provided. Please bring your own lunch. Please make your booking by email to GPstudydays@gmail.com

SILENT WEEKEND RETREAT: Led by Allegra Mutanda at the Sion Community, Brentwood. **The weekend Friday, 12 – Sunday, 14 October** will be an opportunity to spend time with the Lord in quiet prayer and reflection and allow God to speak to you in the silence of your heart. The weekend also includes 40-hours of continuous adoration, guidance & ministry. For more information or to book, email allegra.mutanda@gmail.com or call 0790 3648639. Alternatively, e-mail admin@sioncommunity.org.uk or call 01277 215011.

BCYS YOUTH GATHER: This event, open to those in school Year 9 and above, **will take place on 20 - 21 October** at Essex Outdoors, on Mersea Island. One of our speakers for this Autumn will be the lively, humorous and engaging speaker Fr Paul Keane, Vice Rector of St Mary's College, Oscott. The cost includes lunch and dinner on the Saturday, breakfast and lunch on the Sunday, two Mersea activities, 2 BCYS workshops, and a night in a Mersea log cabin – all of this for just £50. This price is thanks to National Youth Sunday parish collections, to help us subsidise such opportunities. You can apply by creating an account at www.bcys.net and applying on the Events page

THE CATHOLIC MOTHERS APOSTOLATE is offering a retreat for teen girls and their mums. Join them at Aylesford Priory **on Saturday, 27 October** for a day dedicated to learning more about women's issues, including what it means to be a Catholic woman; how to improve mother-daughter communication; how fertility affects our lives at every stage; and how to grow in the faith. Mums

and daughters will have plenty of time to talk through the issues together and build their relationship, as well as meet other Catholic mothers and daughters. Tickets are £120 per mother-daughter pair, with an Early Bird rate of £100. For more details

visit <https://www.tickettailor.com/events/catholicmothers/177368>

CATHOLIC SINGLES is an organisation which helps single adult Catholics of all ages meet, either one to one or through social events. Please tel. 0161 941 3498, visit the website www.catholicssingles.org.uk or email info@catholicssingles.org.uk

ST CEDD'S YOUTH CLUB is a Youth Club based in the middle hall of St Cedd's Church in Blythswood Road, Goodmayes. It will open again **on this coming Friday, 07 September** for Years 5, 6 and 7 from 6 pm to 8 pm. The Senior Youth Club will run from 8 pm to 10 pm for all in Year 8 upwards. All are most welcome, come along for a game of Table Tennis, Badminton or Pool, play on the PS4s, air hockey or table football, or just come along to listen to music and have a chat. Bring a friend on your first night and you can both join for free. Our youth club has been running since 1974 but without new members we will have to close, please come along and try us during September. Any questions please ring John on 07803116729.

NEWSLETTER ITEMS: If you have any items for inclusion in the weekly Newsletter then please email them to Gerry Gillan at gerry.gillan5@gmail.com and copy to admin@stteresasnewbpark.com The copy deadline for including items in the Newsletter **is Thursday 12 noon**. Unfortunately, we cannot guarantee to include all requests we receive in the paper edition but we will make every effort to accommodate articles and insertion requests in the on-line edition including job vacancies.

Job Opportunities.

URSULINE ACADEMY ILFORD: Learning Support Assistant required for Term Time Only. See Academy website www.uai.org.uk for further details.

THE PALMER CATHOLIC ACADEMY: The Academy is seeking to recruit a Welfare/Admin Assistant. Full details and application form available on www.tpc.academy or contact Julie Royer on 020 8590 3808.