

Services During the Week

(Morning Prayer - 20 mins prior to each weekday Mass)

Sat 06 Oct 5.00 pm 6.00 pm	Vigil for the 27th Sunday in Ordinary Time <i>Holy Hour with Exposition and Confessions</i> Mass Fr Matthew's Ordination Anniversary
Sun 07 Oct 08.00 am 10.30 am	The 27th Sunday in Ordinary Time Mass Our Parish Community. Mass Alma Edwards. RIP
Mon 08 Oct 09.30 am	Weekday in Ordinary Time Mass CWL Intentions
Tues 09 Oct 09.30 am	Blessed John Henry Newman Mass Imoko Gamage. Intentions
Wed 10 Oct 09.30 am	St Paulinus of York, Bishop Mass S. Kalaimaran. RIP
Thurs 11 Oct 09.30 am	St John XXIII, Pope Mass In thanksgiving to Bl Maria Teresa Ledoiwoska
Frid 12 Oct 09.30 am	Ss Ethelburga, Hildelith & Cuthburga Mass Mrs Howard. RIP
Sat 13 Oct	Divine Mercy Retreat (11.00 am - 4.30 pm.)
Sat 13 Oct 5.00 pm 6.00 pm	Vigil for the 28th Sunday in Ordinary Time <i>Holy Hour with Exposition and Confessions</i> Mass Heffernan & Curtis Family Anniversary
Sun 14 Oct 08.00 am 10.30 am	The 28th Sunday in Ordinary Time Mass Frank Bains. RIP Mass Our Parish Community.

RECONCILIATION (CONFESSION) AND EUCHARISTIC ADORATION

Unless otherwise stated, there is a Holy Hour every Saturday from 5 pm, during which time the priest will be available in the Reconciliation Room to hear confessions. Confessions are also available on request after weekday Masses or whenever Fr Matthew is in the Presbytery, or by appointment at any time.

PARISH NEWSLETTER

St Teresa's Catholic Church

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Parish Priest: Fr Matthew Bemand-Qureshi

THE 27TH SUNDAY IN ORDINARY TIME (YEAR B) - 07 OCTOBER 2018



Four hundred and forty seven years ago a major naval battle occurred in the Mediterranean Sea; one of the last battles to be fought using rowing vessels. On one side stood the fleet of the Ottoman empire, trying to expand westwards into Europe. On the other, a coalition of Catholic states which Pope Pius V had called together.

The Ottoman Navy was greatly feared, with its faster and nimbler ships. And so, the Holy Father called upon all Catholics to pray the Rosary and implore Our Lady's intercession. The admiral of the Christian fleet sailed under a blue banner of the crucified Christ, whilst one of his junior admirals kept an image of Our Lady of Guadeloupe in his cabin. Against the odds the Christian fleet prevailed, and the expansion of the Ottoman empire was stopped. 12,000 Christian galley slaves were freed from the Turkish ships. At the moment of victory, the Pope, hundreds of miles, rose from his chair and wept tears of joy. Convinced that Our Lady had granted this victory, he ordered a new feast day to be established in her honour which we now celebrate as Our Lady of the Rosary on 7th October, in a month which is dedicated to the Holy Rosary.

It seems strange to us now that the Holy See should be directly involved in armed conflict; in one sense the victory at Lepanto belongs to a very

different age. Yet we are very much involved in a spiritual battle, waged around us (for example attacks on marriage, the family, the sanctity of life, and freedom of conscience and religious expression) and also in our own hearts as the evil one seeks to draw us away from God. Pope Francis recently said of the Devil *"Only prayer can defeat him."* The Rosary is a particularly powerful prayer, placing ourselves and the church under Mary's protective mantle. In a message for the month of the rosary, Pope Francis said that prayer can help the Church to become *"more aware of the faults, the errors and the abuses committed in the present and in the past, and committed to combating without any hesitation, so that evil may not prevail."*

Pope Francis has encouraged all Catholics to pray the rosary daily during the month of October. If you are not familiar with the rosary, there are many leaflets and online resources available to help you, but the basic prayers are ones which you will know already: the Our Father, the Hail Mary and the Glory Be (traditionally we also begin with the Apostles Creed and finish with the Hail Holy Queen). You might like to join in one of the house rosaries organised by the Legion of Mary during this month of October and open to all, even if you have never prayed the rosary before - don't worry if you don't have a set of rosary beads, simply come along.

Pope Francis has also encouraged us to conclude the rosary with two traditional prayers: the Sub Tuum Praesidium, and the Prayer to St Michael, in order to redouble our efforts in this time of spiritual turbulence.

Sub Tuum Praesidium

We fly to Thy protection, O Holy Mother of God; Do not despise our petitions in our necessities, but deliver us always from all dangers, O Glorious and Blessed Virgin. Amen.

Prayer to St Michael

Holy Michael the Archangel defend us in the day of battle. Be our safeguard against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl through the world seeking the ruin of souls. Amen.

God Bless you all.

Fr Matthew

Parish - Regular Notices

SICK AT HOME OR IN HOSPITAL: If anyone is seriously ill at home or is in hospital, it is most important to let Fr Matthew know so that the sick person may receive the spiritual help of the sacraments. Relatives or friends should also inform the Catholic Chaplain of the hospital concerned (*at King George Hospital, 8590 9026; at Queen's Hospital, 01708 447761; at Whipps Cross Hospital, 8520 5877*).

PRAYERS FOR THE SICK: Please pray for those in our community who are sick and housebound as well as the patients in Goodmayes, King George's and Queen's Hospitals. Also, the sick Priests of the Diocese - Frs Tom Jordan & Martin Nott.

ANNIVERSARIES FOR OCTOBER: Mark Fletcher, Sheila Guise, Mary Harley, Dennis Halligan, Patrick Kelleher, John Luby, William Mc Mahon, Jose Mira, Michael Murphy, Judith Opok, Joseph Palumbo and Protasio Soares.

BAPTISM PREPARATION: If you are expecting a baby or have a baby for baptism in the next couple of months, please contact Helen Mac Mahon on 020 8590 9981 who will help you make the appropriate arrangements.

MASS REQUESTS: Special envelopes for this purpose are available at the back of Church. Please use one for each request and place your donation within it.

CHURCH HALL: The Church Hall is available for bookings by Parishioners. Please contact Sid on 07887983310 for bookings and conditions.

REFRESHMENTS AFTER 10.30 AM MASS ON SUNDAY: Tea & coffee will once again be available in the Hall after Mass.

PLEASE ENSURE YOU ARE AWARE OF THE POSITION OF THE EMERGENCY FIRE EXIT DOORS IN THE CHURCH.

Parish – Meetings this Week

- Monday:** Catholic Women's League in the Pastoral Centre at 7.30 pm.
Tuesday: Coffee Morning Group in the Pastoral Centre after Mass.
Legion of Mary in the Pastoral Centre at 7.30 pm.
Prayer Group in the Church at 7.30 pm.
Thursday: FHC Group in the Hall & Pastoral Centre at 7.00 pm.

Parish – Rotas

This Week: Cleaning - Team D.

Next Weekend:

Readers - 6.00 pm: Lucy. **08.00 am:** Kevin. **10.30 am:** Edna & Atilla.

Eucharistic Ministers - 6.00 pm: Florida & Marie. **08.00 am:** Michael N. & Gilbert. **10.30 am:** Mercedes, Sylvia, Wilma, Carmel & Sue.

Small Linen Laundry - Magdalena. Flowers - Dennyse.

Parish – In & Around

REQUIESCAT IN PACE: Of your charity pray for the repose of the soul of Andrew Fontanelle who died this week and pray also for his wife Mary and their children and grandchildren and all who mourn him. May his soul and the souls of all the faithful departed rest in peace. Amen.

LIFTS TO CHURCH: A reminder that if you are able to offer someone a lift to church on a regular basis, or if you could really do with a lift to church yourself, then please contact the Parish Office. If we can find a suitable match, we will then facilitate an introduction.

OFFERTORY COLLECTION: The Offertory collection (inc. Standing Orders) *for last weekend totalled £947.67, of which 70% was "Gift Aided"*. Thank you all for your continued generosity and support. Also, please consider making your regular donation to the Church by a Standing Order as there are significant benefits to the parish if you do so.

CAFOD HARVEST FAST DAY: Last Friday, (05 October) was "Harvest Fast Day" and you are asked *this weekend* to place your "Fast Day" envelope containing your donation in the Offertory collection basket. If you have forgotten to bring the envelope with you, there are some spare envelopes at the back of the church.

CATHOLIC WOMEN'S LEAGUE: The next meeting of the CWL will take place *on this coming Monday, (08 October) at 7.30 pm* in the Pastoral Centre.

FHC GROUP: The next meeting will take place *on this coming Thursday, (11 October)* with the theme "God gives you life". Parents should ensure their son or daughter is in the Hall by 6.55 pm before going themselves to the Pastoral Centre for a prompt 7 pm start. Don't forget to get your Mass Cards signed!

LEGION OF MARY HOUSE ROSARIES: The next House Rosary in October will be held at the home of the O'Leary family, 36 Southdown Crescent, *on this coming Thursday, (11 October) at 7.30 pm* and all welcome.

DIVINE MERCY RETREAT: St Teresa's will host a Divine Mercy Retreat led by the Marian Fathers *next Saturday, (13 October) from 11.00 am – 4.30 pm*. Please see the flyer on the Notice Board in the Porch for details of the day's programme.

RAMFEL: Donations of non-perishable food for the RAMFEL Foodbank may be left in the Sacristy *next weekend*, to support refugee families living in our local area. Cereal, rice, tuna, biscuits, tinned tomatoes, long-life milk and orange juice are especially welcome – visit www.ramfel.org.uk/wordpress/news/ for more information. RAMFEL is currently unable to accept donations of clothing.

HEALING SERVICE: Led by Dr D. Jayanand, an International Catholic Lay Preacher from India, A Healing Service will take place here in St Teresa's *on Tuesday, 16 October at 6.00 pm*. The service will include - Anointed Praise & Worship, Scriptural Talk and Prayers for healing. Everyone is welcome so please "Come and Be Blessed"!

TREASURE HUNT AND LUNCH: Our Knights of St Columba are holding a family Treasure Hunt *after the 10.30 am Mass on Sunday, 21 October*, with prizes to be won. This will be followed by a Parish "Bring and Share" lunch open to all. More details to follow.

BLESSING OF GRAVES: The annual blessing of graves with St Cedd's parish will take place at Barkingside Cemetery **at 3 pm on Sunday, 04 November**. As in previous years Fr Matthew will then go on to Forest Park Cemetery.

TWIN PARISH: The parish of the Sacred Heart, Pomeroy, in the Diocese of Dundee, South Africa, with whom we are twinned, have sent greetings and offered Mass for us on the occasion of our dedication anniversary and patronal feast day. Please pray for our brothers and sisters in that parish and their new parish priest, Fr Mandla Makhanya. A few photos of their parish activities can be viewed in the Photo Gallery of our parish website.

MISSIO RED BOXES: Whenever you return your box to be emptied and counted, please ensure that you can be identified as the box owner. This will be of enormous help to Fay Ghosh, the Missio Organiser, in keeping her records up to date.

BECOMING A CATHOLIC: If you are feeling drawn to the Catholic faith and would like to begin exploring the possibility of baptism or being received into the full communion of the church if you were baptised in another Christian community or completing the journey of initiation if you have not yet been confirmed, please speak to Fr Matthew as soon as possible. There will be a course of preparation leading up to the celebration of these sacraments at Easter, so it is important to have this conversation sooner rather than later. You will not be committed to anything at this stage, only encouraged to seek the gift of faith with an open heart.

IMPORTANT DATES FOR YOUR DIARY: The annual Parish Dinner & Dance will take place this year **on Friday, 14 December** at Luigi's Restaurant, Gant's Hill. The event will be limited **to a maximum of 70 people** and tickets, which will again be priced at £35 each, will be allocated on a "first come first served" basis. Early reservations with Jane on 07966 431232 are therefore highly recommended for this popular parish event. Before then though, we have the annual Christmas Fayre which will take place **on Sunday, 25 November**. To make this event a success we shall once again need your specific help in providing donations for the various stalls and raffles e.g. bottles, toiletries, tins, cakes, biscuits etc. So, from now on, please do start putting aside whatever items you can for this important fund-raising event. Also, if you are able to help out in any way, either before the event or, on the day itself, please contact Jane on 07966 431232.

VOTIVE CANDLES: Following a number of incidents in local churches we are looking at ways of minimising the risk of people setting light to themselves when lighting votive candles. In the meantime, please follow these precautions:

- Children must be assisted by an adult when lighting candles.
- Be aware of any loose items of clothing (e.g. scarves and sleeves) or hair.
- Do not reach over candles that are already alight – only place candles on the rear portion of the stand if you can safely reach round the side.
- Place your candle on the stand then light with a taper (then carefully extinguish the taper and avoid dripping wax on the carpet).
- Leave space between candles and under no circumstances rest one candle on top of another. If the stand is full you may place an UNLIT candle on the window sill and it will be lit later.
- Only use the provided votive candles and do not place lit candles on any other surface.

These rules will be kept under review, as we are taking advice on possible modifications to the candle stands to further minimise risk

CHURCH CAR PARK: Please remember it is essential that emergency vehicles have clear access to the Church at all times. During the week, please do not park in front of the Hall gate, and remember to leave your details at the Parish Office if you are leaving your car here outside Mass times.

CHURCH GROUNDS: Please remember to do what you can to keep the church grounds tidy - if you see some litter and it is safe to do so, please pick it up and put it in one of the two bins provided.

VISITORS: If you are a visitor to St Teresa's then you are most welcome and we very much hope you enjoy the service you are attending. If you are a tax payer and would like to "Gift Aid" your Offertory donation, then please use one of the special "Gift Aid" envelopes which you will find at the back of the Church.

NEW PARISHIONERS: You are very welcome here. Please make yourselves known to Fr Matthew and complete one of the Parish Registration Forms as soon as possible.

VINCENTIAN VOLUNTEERS: Are you aged between 18-35? Have you ever wanted to spend a year making a real difference in the community? Have you thought about trying to live out Gospel values in a faith-filled community? If the answer to these questions is yes, then become a Vincentian Volunteer - living in community, serving the needy in our society and living out your faith practically. Spend a year that will change your life. If you want to know more, then visit www.vincentianvolunteers.org.uk

BRENTWOOD CATHOLIC CHILDREN'S SOCIETY: Children and families are now able to access direct therapeutic support in one of its clinics. Sessions take place after school or at an evening clinic at the BCCS counselling suites in Rayleigh. Their highly experienced counsellors provide support directly to the whole family or to children and adolescents on a 1:1 basis. If you are concerned that your child may need someone to talk to, please contact Catherine on cmunns@bccs.org.uk. There is a sessional charge, so please enquire.

PRAYERFUL MOMENTS: You are invited to come and spend some time with the Lord in the Adoration Chapel at Ss Peter & Paul's Church, Ilford. The Chapel, which is located in the Porch, **is open from 10.00 am till 10.00 pm Monday to Friday**. Our Lady's Grotto and Prayer Garden is also available by the side of the church as well. There is a pay car park by the side of the Church. Regular visitors to the Church may request a free parking permit from the parish office. Further details can be found at ssppilford.org.uk

CATHOLIC HISTORY WALKS: The next scheduled walk will be "*For King and Country!*" **on this coming Tuesday, (09 October) at 6.30 pm**. Meet on the steps of Westminster Cathedral. Nearest Tube: Victoria. For more information please contact chwalkslondon@gmail.com

URSULINE ACADEMY, ILFORD: The Academy will be having an "Open Evening" **on this coming Wednesday, (10 October) from 6 pm – 8 pm** for September 2019 admissions. Please see the school website for more information.

ALL SAINTS CATHOLIC SCHOOL, DAGENHAM: All Saints School will be having an "Open Evening" **on this coming Wednesday, (10 October)** for September 2019 admissions. Parents can attend from 5.30 pm-8.30 pm for a tour of the School and an opportunity to meet staff and pupils. The Headteacher address will take place at 5.35 pm and 8.00 pm. Full details of arrangements can be found on the school website (www.allsaintsschool.co.uk).

SILENT WEEKEND RETREAT: Led by Allegra Mutanda at the Sion Community, Brentwood, **next weekend (Friday, 12 – Sunday, 14 October)** will be an opportunity to spend time with the Lord in quiet prayer and reflection and allow God to speak to you in the silence of your heart. The weekend also includes 40-hours of continuous adoration, guidance & ministry. For more information or to book, [email allegra.mutanda@gmail.com](mailto:allegra.mutanda@gmail.com) or call 0790 3648639. Alternatively, e-mail admin@sioncommunity.org.uk or call 01277 215011.

GOVERNOR TRAINING: The next session will be **next Saturday, 13 October** at Cathedral House, Ingrave Road, Brentwood CM15 8AT from 10.30 am - 12.00 noon. The topic will be "Effective Chairing." And the Speaker will be Mrs Maureen Smith, Governing Body Support Manager, Havering. For further details please email jude@dioceseofbrentwood.org or call 01277 265285.

RECOLLECTION FOR WOMEN: The next Recollection evening will take place **from 6.45 pm to 9 pm on Tuesday, 16 October** at St Augustine's Church, Barkingside and all are welcome.

AUTUMN SPIRITUALITY TALKS: Three are planned over the coming months, all of which will take place **from 10.30 am - 12 noon** at Cathedral House, Ingrave Road, Brentwood CM15 8AT. **On Saturday, 20 October**, Fr Martin Boland's talk will be on "**Sacraments of Mercy: the gracious presence of Christ.**" **On Saturday 17 November**, Mgr David Manson's talk will be on "**Life and healing: Spirituality of the Sacraments.**" And **on Saturday 01 December**, Bishop Alan Williams, sm will speak about "**Advent Spirituality.**" For further details please email jude@dioceseofbrentwood.org or call 01277 265285

BCYS YOUTH GATHER: This event, open to those in school Year 9 and above, **will take place on 20 - 21 October** at Essex Outdoors, on Mersea Island. The location now boasts new cabin accommodation and a brilliant range of outward bound activities. Opportunities for climbing high ropes, abseiling, zip wires and much more will keep you challenged and entertained, with guest speakers and workshops which will give you fresh insights into yourself, and your faith, by telling their stories. One of our speakers for this Autumn will be the lively, humorous and engaging speaker Fr Paul Keane, Vice Rector of St Mary's College, Oscott. The cost includes lunch and dinner on the Saturday, breakfast and lunch on the Sunday, two Mersea activities, 2 BCYS workshops, and a night in a Mersea log cabin – all of this for just £50. This price is thanks to

National Youth Sunday parish collections, to help us subsidise such opportunities. You can apply by creating an account at www.bcys.net and applying on the Events page

THE CATHOLIC MOTHERS APOSTOLATE is offering a retreat for teen girls and their mums. Join them at Aylesford Priory **on Saturday, 27 October** for a day dedicated to learning more about women's issues, including what it means to be a Catholic woman; how to improve mother-daughter communication; how fertility affects our lives at every stage; and how to grow in the faith. Mums and daughters will have plenty of time to talk through the issues together and build their relationship, as well as meet other Catholic mothers and daughters. Tickets are £120 per mother-daughter pair, with an Early Bird rate of £100. For more details visit <https://www.tickettailor.com/events/catholicmothers/177368>

PILGRIMAGE TO PADUA: There are still places available for this pilgrimage which takes place with Our Lady of Lourdes, Wanstead, **from 22 to 25 October**. For price and more information please call Siobhan on 07932634589

CATHOLIC SINGLES is an organisation which helps single adult Catholics of all ages meet, either one to one or through social events. Please tel. 0161 941 3498, visit the website www.catholicsingles.org.uk or email info@catholicsingles.org.uk

CHAIR-BASED EXERCISE FOR THE OVER 50'S: The sessions are held at Ss Peter & Paul's Parish Centre Small Hall **on Wednesday afternoons, from 12.30 pm to 1.30 pm**. The exercises aim to improve *Postural Stability* and *Falls Prevention*. Our Instructor is excellent, very experienced and caring. The cost is £30 for 10 sessions. (Compare that to the cost of one session with a private physiotherapist). You may like to tell friends about this opportunity. Just come along.

SOCIAL DANCING CLASSES take place **on Monday evenings** in the lower hall at St Cedd's from 8 pm. Dance Instructors Josepha Nevin and Jim Campbell, learn to Jive, Waltz, Quickstep, Line dance & much more. Adults £7, OAP's £5. For further information contact Josie on 07815989345.

ST CEDD'S CATHOLIC CLUB: **Music every Sunday night from 9 pm**, admission £5. Social Dancing in the Lower Hall every Monday from 8 pm to 9.30 pm – Learn to Jive, Foxtrot, Quickstep, Waltz and Line Dance. Classes £7 (OAP £5).

ST CEDD'S YOUTH CLUB is a Youth Club based in the middle hall of St Cedd's Church in Blythswood Road, Goodmayes. We will open again **on this coming Friday, 07 September** for Years 5, 6 and 7 from 6 pm to 8 pm. The Senior Youth Club will run from 8 pm to 10 pm for all in Year 8 upwards. All are most welcome, come along for a game of Table Tennis, Badminton or Pool, play on the PS4s, air hockey or table football, or just come along to listen to music and have a chat. Bring a friend on your first night and you can both join for free. Our youth club has been running since 1974 but without new members we will have to close, please come along and try us during September. Any questions please ring John on 07803116729.

NEWSLETTER ITEMS: If you have any items for inclusion in the weekly Newsletter then please email them to Gerry Gillan at gerry.gillan5@gmail.com and copy to admin@stteresasnewbpark.com The copy deadline for including items in the Newsletter **is Thursday 12 noon**. Unfortunately, we cannot guarantee to include all requests we receive in the paper edition but we will make every effort to accommodate articles and insertion requests in the on-line edition including job vacancies.

Job Opportunities.

(None to report)