

Services During the Week

(Morning Prayer - 20 mins prior to each weekday Mass)

Sat 03 Nov 5.00 pm 6.00 pm	Vigil for the 31st Sunday in Ordinary Time <i>Holy Hour with Exposition and Confessions</i> Mass <i>Kathleen Delaney. RIP</i>
Sun 04 Nov 08.00 am 10.30 am	The 31st Sunday in Ordinary Time Mass <i>Our Parish Community.</i> Mass <i>Rufino D'Souza. RIP Anniversary</i>
Mon 05 Nov 09.30 am	Weekday in Ordinary Time Mass <i>John Nugent. RIP Anniversary</i>
Tues 06 Nov 09.30 am	Weekday in Ordinary Time Mass <i>Tushar Ghosh. RIP</i>
Wed 07 Nov 09.30 am	St Willibrord, Bishop Mass <i>Patrick McGoldrick. RIP Anniversary</i>
Thurs 08 Nov 09.30 am	Weekday in Ordinary Time Mass <i>Eileen McGuigan. RIP Anniversary</i>
Frid 09 Nov 09.30 am	The Dedication of the Lateran Basilica Mass <i>Intentions of the Sick</i>
Sat 10 Nov 5.00 pm 6.00 pm	Vigil for the 32nd Sunday in Ordinary Time <i>Holy Hour with Exposition and Confessions</i> Mass <i>John Bluett. RIP</i>
Sun 11 Nov 08.00 am 10.30 am	The 32nd Sunday in Ordinary Time Mass <i>Our Parish Community.</i> Mass <i>The Fallen of both World Wars & other conflicts.</i>

RECONCILIATION (CONFESSION) AND EUCHARISTIC ADORATION

Unless otherwise stated, there is a Holy Hour every Saturday from 5 pm, during which time the priest will be available in the Reconciliation Room to hear confessions. Confessions are also available on request after weekday Masses or whenever Fr Matthew is in the Presbytery, or by appointment at any time.

PARISH NEWSLETTER

St Teresa's Catholic Church

The Presbytery, Brook Rd,
Newbury Park,
Ilford IG2 7JA
Tel No & Fax 020 8590 2414
Mobile 020 3332 0486



Reg Charity No 234092

Email: stteresas.np@gmail.com Website: www.stteresasnewbark.com

Parish Priest: Fr Matthew Bemand-Qureshi

THE 31ST SUNDAY IN ORDINARY TIME (YEAR B) - 04 NOVEMBER 2018

ST TERESA'S CHRISTMAS FAYRE/MARKET

Sunday 25 November



Craft activities

Face painting

Santa's grotto

Christmas gifts

Food stalls

Mulled wine

Please come along and bring your friends and family to our new market-style Christmas Fayre.

Donations of new gift items, bottles, cakes, jams, chutneys, and offers of help on the day all greatly appreciated – please see the notice overleaf.



In this Sunday's gospel we hear Jesus' great summary of the law: love of God and love of neighbour; not two separate commandments but two interrelated expressions of the love which is at the very heart of our being, as creatures made in the image of the God who is love. We are made out of love, and we are made for love. Love is at the heart of everything we do. It is not merely a feeling, but an act of the will. Authentic love means willing the good of the other, for the sake of the other. Love is necessarily sacrificial and selfless. Paradoxically, loving in this way is the only path to our human flourishing and true happiness.

In this month of November, the month of the holy souls, we are directed to a particular work of love, namely praying for those who have died – those known to us, and those with no-one else to pray for them. In a mysterious way praying for the dead unites us to those we have loved in this life, and it unites us to Christ our Head, who wills that the whole church should be involved in the work of sanctifying each of its members in preparation for the life of heaven. Those who have died and are now being made ready for heaven in the place of purification and perfection that we call purgatory truly benefit from these prayers, and we in turn will surely benefit one day from similar prayers when our earthly life is complete.

God Bless you all.

Fr Matthew

Parish - Regular Notices

SICK AT HOME OR IN HOSPITAL: If anyone is seriously ill at home or is in hospital, it is most important to let Fr Matthew know so that the sick person may receive the spiritual help of the sacraments. Relatives or friends should also inform the Catholic Chaplain of the hospital concerned (*at King George Hospital, 8590 9026; at Queen's Hospital, 01708 447761; at Whipps Cross Hospital, 8520 5877*).

PRAYERS FOR THE SICK: Please pray for those in our community who are sick and housebound as well as the patients in Goodmayes, King George's and Queen's Hospitals. Also, the sick Priests of the Diocese - Frs Tom Jordan & Martin Nott.

ANNIVERSARIES FOR NOVEMBER: Gertrude Abado, Richard Burke, Mary Carter, Joan Clark, Piedade D'Souza, Josephine Donovan, Edward Gallagher, Pat Kelleher, Cornelius Lonagan, Patrick McGoldrick, Eileen McGuigan, Peggy Nolan, John Nugent, Brigid O'Brien, Leonard Owen, Kathleen Phylactis, Sean Riordan, Peter Soares, Rose Soares, Jim Tynan, Kathleen Vane, John Ward and Alfred Winiacki.

BAPTISM PREPARATION: If you are expecting a baby or have a baby for baptism in the next couple of months, please contact Helen Mac Mahon on 020 8590 9981 who will help you make the appropriate arrangements.

MASS REQUESTS: Special envelopes for this purpose are available at the back of Church. Please use one for each request and place your donation within it.

CHURCH HALL: The Church Hall is available for bookings by Parishioners. Please contact Sid on 07887983310 for bookings and conditions.

REFRESHMENTS AFTER 10.30 AM MASS ON SUNDAY: Tea & coffee will once again be available in the Hall after Mass.

PLEASE ENSURE YOU ARE AWARE OF THE POSITION OF THE EMERGENCY FIRE EXIT DOORS IN THE CHURCH.

Parish – Meetings this Week

Tuesday: Coffee Morning Group in the Pastoral Centre after Mass.
Legion of Mary in the Pastoral Centre at 7.30 pm.
Prayer Group in the Church at 7.30 pm.

Parish – Rotas

This Week: Cleaning - Team D.

Next Weekend: Readers - 6.00 pm: Lucy. 08.00 am: Kevin.

10.30 am: Anita & Stefan.

Eucharistic Ministers - 6.00 pm: Florida & Wilma. 08.00 am: Petrona & Atilla. 10.30 am: Nadine, Ann M, Mavis & Margaret F.

Small Linen Laundry - Gladys. **Flowers** - Pat, Mary & Glenda.

Parish – In & Around

THANK YOU: Mary Fontanelle would like to thank everyone for their kindness, prayers and support at the death of her husband Andrew.

OFFERTORY COLLECTION: The Offertory collection (inc. Standing Orders) *for last weekend totalled £997.43, of which 70% was “Gift Aided”*. Thank you all for your continued generosity and support. Also, there are significant benefits to the parish if you make your regular donation to the Church by a Standing Order. So, if you don’t already do this, please consider doing so now.

BLESSING OF GRAVES: *This Sunday, (04 November)* we shall meet at Barkingside Cemetery **at 3 pm** to pray for the dead and bless their graves. This will be followed by a visit to Forest Park Cemetery to bless graves there. If you are going straight to Forest Park, please be there by 4.15 pm but be prepared to wait if necessary. Grave lights are available from the repository for £1.20 and may be left at graves during this visit or used for private visits.

ACT OF REMEMBRANCE: *The 10.30 am Mass next Sunday, (11 November)* is a Requiem Mass for those who died in the First and Second World Wars and in other conflicts. There will be a two-minute silence as near as possible to 11.00 am.

NOVEMBER ENVELOPES: It is customary to place the names of our departed loved ones on the altar during the month of the Holy Souls and to pray for them often at Mass. Please take one of the November envelopes and put the names of your loved ones in it. There is no need to include any money in the envelope - if you wish you can place an offering in the Holy Souls box by the Repository, which will be used for Masses for the Holy Souls either here or in a parish where there is need. You may of course request Masses for departed loved ones in the usual way but please bear in mind the current waiting period.

TUESDAY PRAYER GROUP: Well done again to the Group who, on this occasion, **have raised £100** to be sent as a donation to St Francis Hospice.

CHRISTMAS FAYRE: Our annual Christmas Fayre will take place **in just three weeks’ time on Sunday, 25 November**. This year the format will be a little different, with different kinds of food available for lunch as well as Christmas produce, new gift items, and activities for children including craft, face painting and Santa’s grotto. The “Donations Bin” is now in its usual position in the Porch so please be generous as you can in the remaining weeks and fill it with any “Christmassy” produce that would be suitable for either the Tombola Stall or can be sold separately or be raffled. This includes, for example, bottles (spirits & wine, alcoholic & non-alcoholic), soft drink bottles & cans, canned food tins, cakes of any description, Christmas puddings, biscuits, chutneys (sweet or savoury), toiletries etc. **Importantly though, please DO NOT place in the box any Bric-a-brac or jumble**. Also, if you are able to help out in any way, either before the event or, on the day itself, please contact Jane on 07966 431232.

ADVENT CAROLS & NATIVITY: We will have our Advent Carol Service on **Sunday, 09 December at 3 pm**, followed by mince pies and mulled wine and more singing in the Hall. This year we are hoping to include a children’s nativity play in the service. Please put the date in your diary and bring along family and friends..

PARISH DINNER & DANCE: A reminder that the annual Parish Dinner & Dance will take place this year **on Friday, 14 December** at Luigi's Restaurant, Gant's Hill. The event will be limited to a **maximum of 70 people** and tickets, which will once again be priced at £35 each, will be allocated on a "first come first served" basis. Early reservations with Jane on 07966 431232 are therefore highly recommended for this popular parish event.

MISSIO RED BOXES: Whenever you return your box to be emptied and counted, please ensure that you can be identified as the box owner. This will be of enormous help to Fay Ghosh, the Missio Organiser, in keeping her records up to date.

BECOMING A CATHOLIC: If you are feeling drawn to the Catholic faith and would like to begin exploring the possibility of baptism or being received into the full communion of the church if you were baptised in another Christian community or completing the journey of initiation if you have not yet been confirmed, please speak to Fr Matthew as soon as possible. There will be a course of preparation leading up to the celebration of these sacraments at Easter, so it is important to have this conversation sooner rather than later. You will not be committed to anything at this stage, only encouraged to seek the gift of faith with an open heart.

VOTIVE CANDLES: Please be extremely careful when lighting votive candles and only use those provided on the stand.

CHURCH CAR PARK: Please remember it is essential that emergency vehicles have clear access to the Church at all times. During the week, please do not park in front of the Hall gate, and remember to leave your details at the Parish Office if you are leaving your car here outside Mass times.

CHURCH GROUNDS: Please remember to do what you can to keep the church grounds tidy - if you see some litter and it is safe to do so, please pick it up and put it in one of the two bins provided.

LEAVING A LEGACY: Once you have made provision for your loved ones, leaving a gift in your Will to your church is one of the most valuable and lasting ways you can continue to support the mission and ministry in your community. A gift can be an expression of your gratitude and thanksgiving towards God, and can help keep your local church alive, and help transform its future. If you are minded to leave a legacy to St Teresa's Church in your

Will, then please speak to Fr Matthew who can advise on the form of words to use.

VISITORS: If you are a visitor to St Teresa's then you are most welcome and we very much hope you enjoy the service you are attending. If you are a tax payer and would like to "Gift Aid" your Offertory donation, then please use one of the special "Gift Aid" envelopes which you will find at the back of the Church.

NEW PARISHIONERS: You are very welcome here. Please make yourselves known to Fr Matthew and complete one of the Parish Registration Forms as soon as possible.

VINCENTIAN VOLUNTEERS: Are you aged between 18-35? Have you ever wanted to spend a year making a real difference in the community? Have you thought about trying to live out Gospel values in a faith-filled community? If the answer to these questions is yes, then become a Vincentian Volunteer - living in community, serving the needy in our society and living out your faith practically. Spend a year that will change your life. If you want to know more, then visit www.vincentianvolunteers.org.uk

BRENTWOOD CATHOLIC CHILDREN'S SOCIETY: Children and families are now able to access direct therapeutic support in one of its clinics. Sessions take place after school or at an evening clinic at the BCCS counselling suites in Rayleigh. Their highly experienced counsellors provide support directly to the whole family or to children and adolescents on a 1:1 basis. If you are concerned that your child may need someone to talk to, please contact Catherine on cmunns@bccs.org.uk. There is a sessional charge, so please enquire.

PRAYERFUL MOMENTS: You are invited to come and spend some time with the Lord in the Adoration Chapel at Ss Peter & Paul's Church, Ilford. The Chapel, which is located in the Porch, **is open from 10.00 am till 10.00 pm Monday to Friday**. Our Lady's Grotto and Prayer Garden is also available by the side of the church as well. There is a pay car park by the side of the Church. Regular visitors to the Church may request a free parking permit from the parish office. Further details can be found at ssppilford.org.uk

BCYS SUMMER LOURDES 2019: If you are in school Year 10 or above, come and join the Brentwood Catholic Youth Service on our hugely popular Summer Lourdes Pilgrimage. We travel alongside the diocese to assist the elderly and infirm on their annual pilgrimage, particularly those in wheelchairs. Alongside this we also run a retreat, daily Masses and excursions for the young people, as well as experiencing the Lourdes Torchlight Procession and Blessed Sacrament Procession. **Applications can be made (until 31 January 2019) at www.bcys.net/events** where you will also find more information about the trip. Likely travel dates will be 20 - 27 July 2019.

A TIME FOR REFLECTION: St Augustine's Choir will present a "Concert of Remembrance" starting **at 7.30 pm on Saturday, 10 November** at St Augustine's Church Barkingside. The concert will comprise songs of reflection and hope to mark the 100th anniversary of the end of the First World War and include a very special performance of the choral suite from "The Armed Man" (A Mass for Peace) by Karl Jenkins.

GOOD COUNSEL'S PRO-LIFE BALL: Come and join us **next Saturday, (10 November)** for a night of fun, food and dancing! The evening starts at 6 pm at The Palace Suite, The Royal Garden Hotel, 2-24 Kensington High Street, London, W8 4PT. Tickets: £95 per person. Tables of 10 cost £900. To book tickets, please email gcnball@gmail.com or call 07886000882. Please mention any dietary requirements. Dress code is Black Tie.

CELEBRATE INTERFAITH WEEK by sharing a buffet evening meal **on Wednesday, 14 November 6.30 pm – 8.30 pm** at the Ilford Islamic Centre, 52-58 Albert Road (RFF members £12; non- members; £15; children under 12 years £6. Places must be booked in advance for this Vegetarian Indian Buffet Meal by email to faith.forum@redbridge.gov.uk or by phone to 020 8708 2478.

CAFOD MEMORIAL MASS: Every November CAFOD holds a Memorial Mass in our diocese to remember supporters and friends who have died and to offer our prayers of gratitude and thanks for the contribution they have made to CAFOD's work. This year's Mass will take place **on Wednesday, 14 November** at St Edward the Confessor Catholic Church, Romford at 12.15 pm. The Mass will be followed by a short reception hosted by the Golden Club. All are welcome. If you would like your loved ones names to be included in our 'Book of Remembrance', please contact Chris Driscoll on 01277 218730. Or at brentwood@cafod.org.uk

AUTUMN SPIRITUALITY TALKS: Two are planned over the coming months, all of which will take place **from 10.30 am - 12 noon** at Cathedral House, Ingrave Road, Brentwood CM15 8AT. **On Saturday 17 November**, Mgr David Manson's talk will be on "Life and healing: Spirituality of the Sacraments." And **on Saturday 01 December**, Bishop Alan Williams, sm will speak about "Advent Spirituality." For further details please email jude@dioceseofbrentwood.org or call 01277 265285

CATHOLIC HISTORY WALKS: The next walk is "A Royal Walk" – a walk around Westminster to see Catholics and Royalty, from Henry VIII and his break with Rome to the present day. We walk towards Buckingham Palace. Meet on the steps of Westminster Cathedral **on Sunday, 18 November, at 3 pm**. Nearest Tube: Victoria.

THE MARIPOSA TRUST: **On Sunday, 25 November at 3.30 pm** in Methodist Central Hall, Westminster, London, the trust is holding one of its "Saying Goodbye" services. Anyone who has either personally lost a baby at any stage of pregnancy, at birth or in early years, or who has been affected by a family member's or friend's loss. Whether the loss was recent or 80 years ago, everyone is welcome to attend. We have also extended the services, and gladly welcome anyone who is grieving the fact that they haven't had children. This may be due to circumstance, infertility or for other reasons - but all are welcome. Babies and children are also invited to come with their family, as the "Saying Goodbye" service is truly a family event for all.

WALSINGHAM HOUSE AT ABBOTSWICK: Those with relatives and friends commemorated at Abbotswick are warmly invited to a service of prayer **on Thursday, 29 November at 6.00 pm**. The names of those remembered here will be read out during the service, which will include hymns and scripture readings and will be followed by tea and cakes. If you have any questions, please email frdominic@dioceseofbrentwood.org or call 01277373959; otherwise, simply turn up on the evening.

HEALING SERVICE: If you are feeling stressed, anxious, emotionally or psychologically broken or generally struggling with life, you are warmly invited to attend a Healing Service **from 6-8 pm on Saturday, 01 December** at the English Martyrs Catholic Church, Hornchurch. To register your attendance please email HealingService@English-Martyrs.com or contact Mandy on 0780 1470 516.

PILGRIMAGE TO LOURDES: By air for the Solemnity of the Immaculate Conception **4-8 December**. £545 p.p. (twin/double), £645 p.p. (single room) includes return flights, 4 nights' full board at the Hotel Saint-Sauveur (inc. wine with meals), airport transfers from Ilford in UK & in France, all Mass offerings and procession candles (i.e., no extra/hidden costs) and a led retreat with Fr Andrew Headon. For a booking form/more information, please contact Siobhan at Parker Travel Ltd at siobhan@parker-travel.com or call 07932 634589.

CATHOLIC SINGLES is an organisation which helps single adult Catholics of all ages meet, either one to one or through social events. Please tel. 0161 941 3498, visit the website www.catholicssingles.org.uk or email info@catholicssingles.org.uk

CHAIR-BASED EXERCISE FOR THE OVER 50'S: The sessions are held at Ss Peter & Paul's Parish Centre Small Hall **on Wednesday afternoons, from 12.30 pm to 1.30 pm**. The exercises aim to improve *Postural Stability* and *Falls Prevention*. Our Instructor is excellent, very experienced and caring. The cost is £30 for 10 sessions. (Compare that to the cost of one session with a private physiotherapist). You may like to tell friends about this opportunity. Just come along.

SOCIAL DANCING CLASSES take place **on Monday evenings** in the lower hall at St Cedd's from 8 pm. Dance Instructors Josepha Nevin and Jim Campbell, learn to Jive, Waltz, Quickstep, Line dance & much more. Adults £7, OAP's £5. For further information contact Josie on 07815989345.

ST CEDD'S CATHOLIC CLUB: **Music every Sunday night from 9 pm**, admission £5. Social Dancing in the Lower Hall every Monday from 8 pm to 9.30 pm – Learn to Jive, Foxtrot, Quickstep, Waltz and Line Dance. Classes £7 (OAP £5).

ST CEDD'S YOUTH CLUB is a Youth Club based in the middle hall of St Cedd's Church in Blythswood Road, Goodmayes. For Years 5, 6 and 7 it opens from 6 pm to 8 pm and the Senior Youth Club (for all in Year 8 & upwards), runs from 8 pm to 10 pm. All are most welcome, come along for a game of Table Tennis, Badminton or Pool, play on the PS4s, air hockey or table football, or just come along to listen to music and have a chat. Bring a friend on your first night and you can both join for free. Our youth club has been running since 1974 but

without new members we will have to close, please come along and try us during September. Any questions please ring John on 07803116729.

NEWSLETTER ITEMS: If you have any items for inclusion in the weekly Newsletter then please email them to Gerry Gillan at gerry.gillan5@gmail.com and copy to admin@stteresasnewbpark.com The copy deadline for including items in the Newsletter **is Thursday 12 noon**. Unfortunately, we cannot guarantee to include all requests we receive in the paper edition but we will make every effort to accommodate articles and insertion requests in the on-line edition including job vacancies.

Job Opportunities.

THE URSULINE ACADEMY, ILFORD currently has a vacancy for a Learning Support Assistant. Full details of post available on school website www.uai.org.uk or alternatively please contact the School Business Manager, Mr M Scotti, on 020 8554 1995. **Closing date for applications is noon on this coming Thursday, (08 November).**

ST JOACHIM'S CATHOLIC PRIMARY SCHOOL, Custom House, in the process of expansion to two forms of entry and is seeking to recruit a Key Stage 2 Teacher starting in January. For further information please call the School on 020 7476 1658. Teacher application forms can be downloaded from the CES website www.cesew.org.uk/recruitment-process/item/1000042-application-forms and should be returned to info@st-joachims.newham.sch.uk. **Closing date for application forms is Friday, 16 November**

THE URSULINE PREPARATORY SCHOOL, ILFORD is seeking to appoint, as soon as possible, a Teaching Assistant, for term-time only with midday and after-school club duties together with 2 weeks' holiday club. For an application form, please visit the school website at www.urspsi.org.uk/school/careers/ and click Support Staff Application Form and return to hroddy@urspsi.org.uk or call the School Office on 020 8518 4050, Extension 300.

ST JOHN'S RC SPECIAL NEEDS SCHOOL, WOODFORD BRIDGE is recruiting for Class Assistants, Receptionist/Administrator, Assistant Cook, Assistant Site Manager. For application packs please contact the School Office on 020 8504 1818 or email office@stjohnsrcschool.co.uk. These are term-time only positions and successful applicants will be subject to an enhanced DBS check.