

Services During the Week

(Morning Prayer - 20 mins prior to each weekday Mass)

Sat 26 Jan 6.00 pm	Vigil Mass for the 3rd Sunday in Ordinary Time <i>Mass Maureen Jones. Intention</i>
Sun 27 Jan 08.00 am 10.30 am	The 3rd Sunday in Ordinary Time <i>Mass Our Parish Community.</i> <i>Mass Patrick Walsh. RIP Anniversary</i>
Mon 28 Jan 09.30 am	St Thomas Aquinas, Priest & Doctor of the Church <i>Mass Alexander Britto. RIP Anniversary</i>
Tues 29 Jan 09.30 am	Weekday in Ordinary Time <i>Mass Rosita Columba. RIP</i>
Wed 30 Jan 09.30 am	Weekday in Ordinary Time <i>Mass Luca Lisci. RIP</i>
Thur 31 Jan 09.30 am	St John Bosco, Priest <i>Mass Andrew Fontenelle. RIP</i>
Frid 01 Feb 09.30 am	Weekday in Ordinary Time <i>Mass Intentions of the Sick</i>
Sat 02 Feb 11.30 am 5.00 pm	The Presentation of the Lord <i>Mass Peter Anthony Ferrier. RIP</i> <i>Holy Hour with Exposition and Confessions</i>
Sat 02 Feb 6.00 pm	Vigil Mass for the 4th Sunday in Ordinary Time <i>Mass Our Parish Community.</i>
Sun 03 Feb 08.00 am 10.30 am	The 4th Sunday in Ordinary Time <i>Mass Sosaipillai, Raja & Marie. RIP Anniv</i> <i>Mass Davey Mahoney. Intentions</i>

RECONCILIATION (CONFESSION) AND EUCHARISTIC ADORATION:

Unless otherwise stated, there is a Holy Hour every Saturday from 5 pm, during which time the priest will be available in the Reconciliation Room to hear confessions. Confessions are also available on request after weekday Masses or whenever Fr Matthew is in the Presbytery, or by appointment at any time.

PARISH NEWSLETTER



St Teresa's Catholic Church
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Website: stteresasnewpark.com

Parish Priest: Rev Fr Matthew Bemand-Qureshi

The 3rd Sunday in Ordinary Time (Year C) - 27 January 2019

This week we begin our journey through Luke's gospel, the gospel for Year 'C' of the Lectionary. The eagle-eyed will notice that this week's gospel reading skips more than two chapters. We have Luke's own introduction, then jump forward to an event at the beginning of Jesus's adult ministry. The word 'gospel' literally means 'good news': Luke's project is an ordered account of all that Jesus did and taught, and this is indeed good news as Jesus himself announces in the synagogue. The intervening chapters have been prominent in Advent and Christmas as they recount the events of Christ's birth, and the birth of his cousin John the Baptist – it is Luke who gives us the details of the annunciation, Mary's visit to Elizabeth, the census ordered by Caesar Augustus, the lack of room in Bethlehem, the manger, and the shepherds.

Luke is generally believed to be a companion of Paul, an educated man traditionally said to be a physician. He approaches his task as a historian, drawing together various sources - above all eye-witness accounts, and according to tradition, his own personal acquaintance with Our Lord's mother. Uniquely he gives us a two-part account of the life of Jesus and the growth of the apostolic Church, comprising his gospel and the book we know as the Acts of the Apostles.

Luke refers to key historical figures in order to emphasise that what he describes really happened; this is not merely a historical record, though, but a testimony to the life and teaching of Jesus, presented so that we may know how well-founded our faith is. This gospel is noted for its emphasis on the marginalised and the outcast, but it is not a political manifesto nor is Jesus merely a social revolutionary. He is the saviour of mankind, and we are all in need of his salvation. There is also a marked emphasis on Jerusalem and the temple: to experience the salvation won by Christ is also to experience the transforming power of

the Holy Spirit and to be joined with Christ in offering true worship to the Father.

On Saturday we celebrate the Feast of the Presentation of Our Lord in the Temple, also known as Candlemas. In accordance with the Jewish Law Mary and Joseph took Jesus to the temple when he was forty days old and made the customary offering for a first-born son - another event of Our Lord's infancy found in Luke's gospel. Simeon sings the praises of God, who had promised him that he would see the saviour. The traditional Candlemas ceremonies - blessing candles and carrying them in procession - recall the words of Simeon who described Jesus as the 'light to lighten the nation'. At the same time he speaks of the rejection that the Christ will face, and the sorrow Mary will have to endure. This feast is the last occasion when we look back to Christmas: from now on we are focused on all that will unfold in Jesus ministry and its climax in Jerusalem. **There will be an extra Mass to celebrate this feast at 11.30 am next Saturday (02 February).** Our first holy communion children will be given candles during the 10.30am Mass next Sunday as a reminder of the light of Christ, and we will have a parish lunch next Sunday to round off our Christmas celebrations. This week is also the last opportunity to visit the crib and make an offering to the Brentwood Catholic Children's Society.

God Bless

Fr Matthew

Church Rotas

This Week: Cleaning - Team D.

Next Weekend:

Readers - 6.00 pm: Mary . **08.00 am:** Francis. **10.30 am:** Ron. Pam.

Eucharistic Ministers - 6.00 pm: Lucy, Margaret O'L **08.00 am:** Michael N, Stephen. **10.30 am:** Sylvia, Tarlach, Petrona, Nora & Michael Pierce.

Small Linen Laundry - Fay. Flowers - Pat, Mary, Glenda.

PLEASE ENSURE YOU ARE AWARE OF THE POSITION OF THE EMERGENCY FIRE EXIT DOORS IN THE CHURCH

Parish - Regular Notices

SICK AT HOME OR IN HOSPITAL: If anyone is seriously ill at home or is in hospital, it is most important to let Fr Matthew know so that the sick person may receive the spiritual help of the sacraments. Relatives or friends should also inform the Catholic Chaplain of the hospital concerned (*at King George Hospital, 8590 9026; at Queen's Hospital, 01708 447761; at Whipps Cross Hospital, 8520 5877*).

PRAYERS FOR THE SICK: Please pray for those in our community who are sick and housebound as well as the patients in Goodmayes, King George's and Queen's Hospitals. Also, the sick Priests of the Diocese - Frs Tom Jordan & Martin Nott.

ANNIVERSARIES IN JANUARY: Don Baker, Leonard Beeby, Bernard Beine, Mary Blue, Bill Bush, Winifred Chainey, Samuel Chingyonga, David Clarke, Peter Clarke, Nora Cunningham, Harry Everett, Eileen Ferrier, Diane Foster, Tushar Ghosh, Ellen Hiscock, Dennis Jackson, Sylvia Keeley, Ellen Kelleher, Harold Kemp, Tommy McCabe, Jim McDonnell, John Page, John Pearson, Ellen Ronan, Dunkstan Sebastampillai, David Smith, Paddy Walsh and Kathleen Ward.

BAPTISM PREPARATION: If you are expecting a baby or have a baby for baptism in the next couple of months, please contact Helen Mac Mahon on 020 8590 9981 who will help you make the appropriate arrangements.

MASS REQUESTS: Special envelopes for this purpose are available at the back of Church. Please use one for each request and place your donation within it.

CHURCH HALL: The Church Hall is available for bookings by Parishioners. Please contact Sid on 07887983310 for bookings and conditions.

CHURCH CAR PARK: Please remember it is essential that emergency vehicles have clear access to the Church at all times. During the week, please do not park in front of the Hall gate and remember to leave your details at the Parish Office if you are leaving your car here outside Mass times.

CHURCH GROUNDS: Please remember to do what you can to keep the church grounds tidy - if you see some litter and it is safe to do so, please pick it up and put it in one of the two bins provided.

REFRESHMENTS AFTER 10.30 AM MASS ON SUNDAY: Tea & coffee will once again be available in the Hall after Mass.

NEW PARISHIONERS: You are very welcome here. Please make yourselves known to Fr Matthew and complete one of the Parish Registration Forms as soon as possible.

Meetings this Week

- Tuesday:** Coffee Morning Group in the Pastoral Centre after Mass.
Legion of Mary in the Pastoral Centre at 7.30 pm.
Prayer Group in the Church at 7.30 pm.
- Wednesday:** Parish Council in the Pastoral Centre at 7.30 pm.
- Thursday:** FHC Group in the Hall & Pastoral Centre at 7.00 pm

Parish - In & Around

PETER FERRIER, RIP: Please pray for the repose of the soul of Peter Ferrier (the eldest son of the late Eileen Ferrier), who died on Christmas Eve in Florida and all those who mourn him. The Mass next Saturday at 11.30 am will be for his intention. May he rest in peace. Amen.

OFFERTORY COLLECTION: The Offertory collection (inc. Standing Orders) for last **weekend amounted to £956.00 of which 71% was "Gift Aided"**. Thank you all for your continued generosity and support.

CRIB DONATIONS: In keeping with Church tradition, the Crib will remain in place **until next Saturday, (02 February)**, the Feast of the Presentation of the Lord. After that date all the donations that have been left at the Crib will be sent to the Brentwood Catholic Children's Society. So, in this final week please be as generous as you can with your donations and, if possible, "Gift Aid" your donation by using one of the special "Gift Aid" envelopes which you can find at the back of the Church.

PARISH COUNCIL: A reminder that the next meeting of the Council will be **on this coming Wednesday, (30 January) at 7.30 pm** in the Pastoral Centre.

FHC GROUP: The next meeting will take place **on this coming Thursday, (31 January)** with the theme "*We learn about the Mass*". Parents should ensure their son or daughter is in the Hall by 6.55 pm before going themselves to the Pastoral Centre for a prompt 7 pm start. Don't forget to get your Mass Cards signed!

OBERRAMMERSGAU 2020: Those who have booked places on the parish pilgrimage to Oberammergau and visit to the Austrian Tyrol in August 2020 are reminded that payment of the second deposit **is due by this coming Thursday, (31 January) at the latest.**

BCYS SUMMER LOURDES 2019: If you are in school Year 10 or above, why not come and join the Brentwood Catholic Youth Service on its hugely

popular Summer Lourdes Pilgrimage **which will take place from 20 - 27 July**. If you are interested in going but the cost is of concern don't let that put you off as the parish will help with fundraising and financial support. So, do apply as soon as possible – there is no financial commitment at this stage. **Applications can be made until this coming Thursday, (31 January) at www.bcys.net/events** where you will also find more information about the trip.

BRING AND SHARE LUNCH: The lunch, which has become a customary way of ending the Christmas season. **will take place next Sunday, (03 February)** to celebrate the Presentation of Our Lord (Candlemas). You are asked, if possible, to bring some food or drink to share with others. All contributions will be placed on a table, buffet-style, for all to share. You are most welcome to come even if you are not in a position to bring anything, as there is bound to be plenty for all. And, please feel free to invite friends and family. It will be wonderful to have a range of dishes reflecting our diverse international community! The Hall will be open before Mass so that contributions can be left there.

DIOCESAN DIRECTORY 2019: The Directory for this year is still available from the Repository at the back of the Church priced at £2.75.

TWIN PARISH: Please continue to pray for our brothers and sisters in the parish of Sacred Heart, Pomeroy, in the Diocese of Dundee, South Africa, with whom we are twinned and their parish priest, Fr Mandla Makhanya.

BECOMING A CATHOLIC: If you are feeling drawn to the Catholic faith and would like to begin exploring the possibility of baptism or being received into the full communion of the church if you were baptised in another Christian community or completing the journey of initiation if you have not yet been confirmed, please speak to Fr Matthew as soon as possible. You will not be committed to anything at this stage, only encouraged to seek the gift of faith with an open heart.

VOTIVE CANDLES: Please be extremely careful when lighting votive candles and only use those provided on the stand.

VISITORS: If you are a visitor to St Teresa's then you are most welcome, and we very much hope you enjoy the service you are attending. If you are a tax payer and would like to "Gift Aid" your Offertory donation, then please use one of the special "Gift Aid" envelopes which you will find at the back of the Church.



UK POWER NETWORKS: How would you cope if you had no electricity for a short while? In the rare event of a power cut, you can get help from UK Power Networks. This company looks after the electricity network in our parish (no matter who you pay your energy bill to) and also runs a free Priority Services Register for people with medical needs, families with babies and the elderly. Being on the Register gives you free access during a power cut to services including a welcome pack with useful advice about preparing for a power cut, a home visit by our staff or the British Red Cross and a 24-hour priority phone number. To join the Priority Services Register for extra help during a power cut call 0800 169 9970, email psr@ukpowernetworks.co.uk, or visit ukpowernetworks.co.uk/priority

AGED 16 TO 25 – Thinking of Volunteering for a Project to Help Others? The Catenian Association, a Catholic Men's Group, has a fund which may be able to help you with the cost. Visit www.catenianbursary.com to find full requirements and an application form.

ILFORD SUNDAY DROP-IN CENTRE: Established by the Diocese more than 27 years ago for the homeless, the Centre runs each Sunday in the Small Hall at Ss Peter & Pauls. If you can help out once a month, please get in touch. Please remember us in your thoughts and prayers and we welcome donations however small so we can keep helping those in need. Contact Wendy Taylor wendytaylor99@gmail.com

REDBRIDGE COLD WEATHER CENTRE: This year the Night Shelter at The Salvation Army, is opening earlier and for longer. To make this possible it needs more volunteers for every evening from 7.00 – 10.00 pm or overnight 10.00 pm - 8.00 am. Overnight volunteers are able to nap when guests are settled! Volunteers can sign up at www.ilfordshelter.com, call 020 8478 2961 or email ilford@salvationarmy.org.uk! Please pray for the shelter guests and team in the months to come.

PRAYERFUL MOMENTS: You are invited to come and spend some time with the Lord in the Adoration Chapel at Ss Peter & Pauls Church, Ilford. The Chapel, which is located in the Porch, **is open from 10.00 am till 10.00 pm Monday to Friday**. Our Lady's Grotto and Prayer Garden is also available by the side of the church as well. There is a pay car park by the side of the Church. Regular visitors to the Church may request a free parking permit from the parish office. Further details can be found at sppilford.org.uk

REUNION: Did you, or a female relative go to Ilford Ursuline High School in the summer of 1969 aged 11? If so, a 50year reunion is being planned for later this year. If you are interested in attending, even if you left before

1976, please get in touch with Maria Phillips by emailing reunion6976@gmail.com

CATHOLIC HISTORY WALKS: The second of the planned walks for January, "A Royal Walk" will take place **this Sunday, (27 January) at 3 pm**. This walk will explore the history of the Royal Family and Catholicism, through St James' Park and on to Buckingham Palace. Meet on the steps of Westminster Cathedral. Nearest Tube: Victoria.

REDBRIDGE FAITH FORUM: There are two upcoming events, The first is a Network Meeting **on this coming Tuesday, (29 January) from 11.45 am-1.30 pm** at Redbridge Central Library which will provide an update on the support and services for Rough Sleepers and the Homeless in Redbridge' Please come do along. The second is a Women's Interfaith Workshop at Ilford Islamic Centre, 52-56 Albert Road, Ilford IG1 1HW, **on Wednesday, 13 February from 1.15 pm -3.15 pm**. In this latest series of Women's Workshops, we will be exploring the fascinating and diverse customs, traditions and ceremonies relating to the birth of a new child. Please come along to our second Workshop to hear from our Muslim and Jewish women speakers about birth customs in their faith communities. In future workshops we will hear from women of other faiths.

THE GOSPEL OF LUKE: On this coming Wednesday, (30 January) at 7 pm, Fr Adrian Graffy will lead an exploration of the Gospel of Luke, the gospel being read on Sundays in 2019. These 'Gidea Park Faith Evenings' will take place in the Hall at Gidea Park Catholic Church (410 Brentwood Road, Gidea Park, RM2 6DH). Please book by email to GPstudydays@gmail.com Refreshments provided. Admission free.

ST AUGUSTINE'S PLAYERS present "Sleeping Beauty" on **Thursday, 31 January, Friday, 01 and Saturday, 02 February** in the Holy Trinity Parish Hall, Mossford Green, Barkingside. Doors will open each evening at 7 pm for 7.30 pm start and at 1.30 pm for a 2 pm start for the Matinee on Saturday. Tickets (£8 with concessions at £6 on Thursday and Saturday matinee only) are available from the Box Office on 0208 554 7747 or via website www.staplayers.webs.com

THE ANNUAL LOURDES MASS will be celebrated by Bishop Alan **at 3 pm on Sunday, 10 February** at Our Lady of Lourdes, Leigh-on-Sea. During this Mass there will be an opportunity to receive the Sacrament of the Anointing of the Sick. It will be lovely to see there all those of you who have a particular devotion to Our Lady of Lourdes

VOCATIONS WEEKEND FOR YOUNG WOMEN: There is nothing quite like religious life – it's an extraordinary adventure into a deep relationship

with God. If you are wondering if God is calling you to religious life and would like to find out more, why not come along to this weekend **(15-17 February)** in Liverpool organised by the sisters, Faithful Companions of Jesus (FCJ). You are welcome to stay for the weekend or just come along on Saturday for the day. There will be opportunity for prayer, reflection and input, chance to ask questions and to meet others who are also wondering where God is calling them. **For more information contact Sr Lynne fcJ at lynnefcj@hotmail.com or visit our website www.fcjsisters.org**

THE BRENTWOOD CATHOLIC CHILDREN'S SOCIETY is holding an Anniversary Charity Ball to celebrate the 35th Anniversary of its founding. The Charity Ball is their largest and most glamorous event of the year and takes place at The Rayleigh Club, Hullbridge **on Saturday, 09 March**. Tickets are on sale now, costing £55 per person, which will include a drinks reception and three course dinner along with a full evening of entertainment. Guests will be seated on tables of 12, making it the perfect opportunity to get together with friends, family or colleagues, have a fantastic night out whilst at the same time raising vital funds for BCCS. As tickets for this event sell out quickly, please contact Julie asap to avoid disappointment on 01268 784544 /07912277413 or email jabbott@bccs.org.uk

THE GOSPEL ACCORDING TO POPE FRANCIS: A study day on this theme will be held at the Church of Christ the Eternal High Priest, Gidea Park, **on Saturday, 16 March**. Six years after his election, we look at Pope Francis' efforts to bring renewal to the Catholic Church. The speaker will be Fr Alban McCoy OFM Conv, who is Dean of St Edmund's College, Cambridge. The day begins at 11 am and ends at 3 pm. Admission is free, and refreshments will be provided. Please bring your own lunch. Please make your booking by email to GPstudydays@gmail.com

SPONSORED SLEEPOUT: Help get the homeless out of the cold! This winter Catholics are leading projects providing 45,000 nights of care, warmth and shelter for the homeless in Essex and East London. Support them! Join 1000 people from across the Diocese sleeping outside for the night at Walsingham House at Abbotswick **on 12 -13 April**. No tents! Just you and a sleeping bag. Open to all ages, from 15+. Sponsorship target of £100/participant. Why not ask your company to match fund your sponsorship? Money will help local homeless charities and the work of the BCYS with young people. Mass at 11.15 pm, sleep out Midnight – 7am. Full details and sponsor forms <https://bcys.net/events/sponsored-sleepout-walsingham-house-abbotswick/>

VOCATIONS DISCERNMENT WEEKEND: Are you a man over thirty, content, but wondering about the direction of your life? Do you sense that you may be approaching a major threshold or turning point? Have you sometimes found yourself wondering whether the priesthood or religious life may be an option? The discernment weekend at St Beuno's in north Wales **from Friday, 30 August to Sunday, 01 September**, will take place in a prayerful spirit and aims to provide some tools for discernment about future choices. It will be mainly in silence but there will also be input and the opportunity for one-to-one guidance. Please contact Fr. Graham Smith on 01702465720 or on fr.gjdsmith@gmail.com More details and a booking form for the weekend can be found at <https://www.pathwaystogod.org/courses-events-retreats/discernment-weekend-older-men>.

CHAIR-BASED EXERCISE FOR THE OVER 50'S: The sessions are held at Ss Peter & Paul's Parish Centre Small Hall **on Wednesday afternoons, from 12.30 pm to 1.30 pm**. The exercises aim to improve *Postural Stability* and *Falls Prevention*. Our Instructor is excellent, very experienced and caring. The cost is £30 for 10 sessions. (Compare that to the cost of one session with a private physiotherapist). You may like to tell friends about this opportunity. Just come along.

SOCIAL DANCING CLASSES take place **on Monday evenings** in the lower hall at St Cedd's from 8 pm. Dance Instructors Josepha Nevin and Jim Campbell, learn to Jive, Waltz, Quickstep, Line dance & much more. Adults £7, OAP's £5. For further information contact Josie on 07815989345.

ST CEDD'S CATHOLIC CLUB: Music every Sunday night from 9 pm, admission £5. Social Dancing in the Lower Hall every Monday from 8 pm to 9.30 pm – Learn to Jive, Foxtrot, Quickstep, Waltz and Line Dance. Classes £7 (OAP £5).

ST CEDD'S YOUTH CLUB is a Youth Club based in the middle hall of St Cedd's Church in Blythswood Road, Goodmayes. For Years 5, 6 and 7, it opens from 6 pm to 8 pm and the Senior Youth Club (for all in Year 8 & upwards), runs from 8 pm to 10 pm. All are most welcome, come along for a game of Table Tennis, Badminton or Pool, play on the PS4s, air hockey or table football, or just come along to listen to music and have a chat. Bring a friend on your first night and you can both join for free. Our youth club has been running since 1974 but without new members we will have to close, please come along and try us during September. Any questions please ring John on 07803116729.

THE CATENIAN ASSOCIATION is an association of catholic business and professional men. The nearest Circle meets in Gants Hill each month. If you would like more information, please contact Howard Banks by telephone on 020 8505 2012 or email howardbanks@btinternet.com

THE PENSIONERS ADVICE SERVICE: The Service continues to provide an East London Pensioners Advice Service **every Thursday from 10.00 am until 1 pm** at Durning Hall Community Centre, Earlham Grove, Forest Gate, E7 9AB. Durning Hall is 2 minutes from Forest Gate Rail station and is disabled accessible. For more information please contact Sally Mulready on 0207 428 0471.

CATHOLIC SINGLES is an organisation which helps single adult Catholics of all ages meet, either one to one or through social events. Please tel. 0161 941 3498, visit the website www.catholicsingles.org.uk or email info@catholicsingles.org.uk

NEWSLETTER ITEMS: If you have any items for inclusion in the weekly Newsletter then please email them to Gerry Gillan at gerry.gillan5@gmail.com and copy to admin@stteresasnewbpark.com The copy deadline for including items in the Newsletter **is Thursday 12 noon**. Unfortunately, we cannot guarantee to include all requests we receive in the paper edition but we will make every effort to accommodate articles and insertion requests in the on-line edition including job vacancies.

Job Opportunities

ASSISTANT MANAGER: This exciting role **starting mid-August** - leading faith-filled and engaging retreats for thousands of young people every year at Walsingham House, Abbotswick - would be ideal for someone with Youth Ministry or Lay Chaplaincy experience. Living at Walsingham House, you would be part of a vibrant staff and volunteer community, with the chance to develop the retreat programmes and facilities in our new home. Full details <https://bcys.net/assistant-manager/>

RESEARCH ASSISTANT: An opportunity has arisen for a Research Assistant to work with the Catholic Bishops' Conference of England and Wales supporting the work of the Social Justice team. For a job description and for further information please contact HR@cbcew.org.uk or visit www.cbcew.org.uk Applicants must confirm their right to work in the

UK and forward a full CV and covering letter illustrating their skills and motivation for this role to HR@cbcew.org.uk

HEAD OF SCHOOL SERVICES: Brentwood Catholic Children's Society is seeking to appoint an experienced and dynamic team manager who has the drive, enthusiasm and commitment to lead our School Service provision. The Head of School Services will provide professional support, supervision, training and leadership to social workers and counsellors who work in the school setting. Please visit our website at www.bccs.org.uk to download post details, or email bfisher@bccs.org.uk for further information or to arrange an informal chat.