

Services During the Week

(Morning Prayer - 20 mins prior to each weekday Mass)

Sat 23 Mar 6.00 pm	Vigil Mass for the 3rd Sunday of Lent <i>Mass Billy Brennan. RIP</i>
Sun 24 Mar 08.00 am 10.30 am	The 3rd Sunday of Lent <i>Mass Avelyn Kearney. RIP Anniversary</i> <i>Mass Our Parish Community.</i>
Mon 25 Mar 09.30 am	The Annunciation of the Lord <i>Mass Martin Duggan. RIP Anniversary</i>
Tues 26 Mar 09.30 am	Weekday of Lent <i>Mass Thanksgiving to St. Anthony of Padua</i>
Wed 27 Mar 09.30 am	Weekday of Lent <i>Mass Noreen Devey. Intention</i>
Thur 28 Mar 09.30 am	Weekday of Lent <i>Mass Celia Creedon. RIP</i>
Frid 29 Mar 09.30 am 7.30 pm	Weekday of Lent <i>Mass Nealie Cahalane. RIP</i> <i>Stations of the Cross</i>
Sat 30 Mar 11.30 am - 6.00 pm	Weekday of Lent <i>Parish Retreat Day with Reflection,</i> <i>Holy Hour (with Exposition) and Confessions</i>
Sat 30 Mar 6.00 pm	Vigil Mass for the 4th Sunday of Lent <i>Mass Our Parish Community.</i>
Sun 31 Mar 08.00 am 10.30 am	The 4th Sunday of Lent <i>Mass Christine Zammit. RIP</i> <i>Mass Tony Chainey. RIP Anniversary</i>

RECONCILIATION (CONFESSION) AND EUCHARISTIC ADORATION:

Unless otherwise stated, there is a Holy Hour every Saturday from 5 pm, during which time the priest will be available in the Reconciliation Room to hear confessions. Confessions are also available on request after weekday Masses or whenever Fr Matthew is in the Presbytery, or by appointment at any time.

PARISH NEWSLETTER



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Parish Priest: Rev Fr Matthew Bemand-Qureshi



The 3rd Sunday of Lent (Year C) - 24 March 2019

As Christians we are called to holiness, and Lent is given to us as a time to focus on growing in those virtues – habits of moral goodness – which make us holy; growth which is accomplished not by our efforts alone, but by the grace of God working in us with our cooperation. So far we have considered the three 'theological' virtues of Faith, Hope and Charity, and the 'cardinal' virtues (the core virtues known by human reason) of Fortitude and Prudence. This week we consider the virtue of Temperance, generally understood as moderation or self-restraint and therefore a virtue we have ample opportunity to practice in Lent.

More broadly, Temperance might be considered as the right use of the things of this world. Too much of a good thing can be bad for us – therein lies the sin of gluttony; but we can also do wrong by rejecting entirely those things that are good and meant for our enjoyment. It's not just a matter of the harm to our physical health or even the environment by immoderate consumption, though these are both valid concerns, but something deeper. My desire for food, drink, sex, or physical comfort can sometimes prove so powerful that it compromises my capacity to make choices that accord with my human dignity and the will of God. Contrary to the idea many people have, authentic temperance (and our faith in general) does not suppress pleasure, but rather subordinates it to a higher end.

How does this virtue relate to the practice of our faith? Asceticism, fasting, and self-denial all have a proper place in the Christian tradition. However there is a kind of extreme asceticism that comes from a rejection of all material things; this is contrary to the Christian faith, and something the church has had to resist strenuously at different times. God has created good things for us, and all these good things are meant to lead us to God. We must not reject what he has given us, on the other hand we must not become so fixated on created things that we lose

sight of the creator - the other temptation which besets us. With the virtue of temperance, and with the help of grace, we learn to give things their proper place in relation to God. Temperance helps us live in the world whilst living for the kingdom of God.

There is another crucial dimension to our use of created things. At the 10.30 am Mass we have the first Scrutiny of the candidates for baptism at Easter, and the readings will be taken from Year A, including the gospel of the Samaritan Woman at the Well. This gospel reminds us of the sacramental principle of creation. The idea of a never-ending, thirst-quenching well is attractive to one who thinks only in terms of our material needs, but Jesus uses this image to present himself as the one who alone can satisfy the deepest longing of our hearts. Water is good in itself, but it is also a sign of the one who gives us himself as the means to eternal life. Far from rejecting material things, we recognise that they have the potential to become a means of encounter with the living God; not mere signs, but true instruments of grace due to the power Christ has invested in them through his church. In the light of this principle the virtue of temperance is not just about moderation in our consumption, but about our relationship with the world and our relationship with God. It is linked to the priestly task given to humanity from the very beginning to exercise good stewardship over creation. That is, to use created things rightly in accordance with God's will for us, to give him glory, and to lead us on the path of perfection and so prepare us for the life of heaven. In this season of Lent may we deny ourselves some good things so as to hold more firmly on to the greater good, God himself, and direct our lives towards his kingdom and the fullness of life that is offered to us.

Fr Matthew

Church Rotas

This Week: Cleaning - Team D.

Next Weekend:

Readers - 6.00 pm: Lucy. 08.00 am: Kevin. 10.30 am: Edna, Tarlach.

Eucharistic Ministers - 6.00 pm: Maire, Catherine. 08.00 am: Stephen, Gilbert. 10.30 am: Margaret F, Carmel. Atilla, Pam, Sylvia.

Small Linen Laundry - Lilette. **Flowers** - No flowers in Lent.

PLEASE ENSURE YOU ARE AWARE OF THE POSITION OF THE EMERGENCY FIRE EXIT DOORS IN THE CHURCH

Parish - Regular Notices

SICK AT HOME OR IN HOSPITAL: If anyone is seriously ill at home or is in hospital, it is most important to let Fr Matthew know so that the sick person may receive the spiritual help of the sacraments. Relatives or friends should also inform the Catholic Chaplain of the hospital concerned (*at King George Hospital, 8590 9026; at Queen's Hospital, 01708 447761; at Whipps Cross Hospital, 8520 5877*).

PRAYERS FOR THE SICK: Please pray for those in our community who are sick and housebound as well as the patients in Goodmayes, King George's and Queen's Hospitals. Also, the sick Priests of the Diocese - Frs Tom Jordan & Martin Nott.

ANNIVERSARIES IN MARCH: Charlotte Allen, Sofia Delfina Almeida, Francis Amoodon, Billy Brennan, Tony Chainey, John Cahill, Val Carter, Myles Gibbons, Bill Guise, John McGrory, Kathleen Miley, Peter Murphy, Dorothy Newton, Mick Newton, James Nolan, Richard O'Driscoll, Michael O'Neill, Henry Phillips, Charles Roberts, Alice Santos, Maura Swatts and Ann Zammitt.

BAPTISM PREPARATION: If you are expecting a baby or have a baby for baptism in the next couple of months, please contact Helen Mac Mahon on 020 8590 9981 who will help you make the appropriate arrangements.

MASS REQUESTS: Special envelopes for this purpose are available at the back of Church. Please use one for each request and place your donation within it.

CHURCH HALL: The Church Hall is available for bookings by Parishioners. Please contact Sid on 07887983310 for bookings and conditions.

CHURCH CAR PARK: Please remember it is essential that emergency vehicles have clear access to the Church at all times. During the week, please do not park in front of the Hall gate and remember to leave your details at the Parish Office if you are leaving your car here outside Mass times.

CHURCH GROUNDS: Please remember to do what you can to keep the church grounds tidy - if you see some litter and it is safe to do so, please pick it up and put it in one of the two bins provided.

REFRESHMENTS AFTER 10.30 AM MASS ON SUNDAY: Tea & coffee will once again be available in the Hall next week after Mass.

NEW PARISHIONERS: You are very welcome here. Please make yourselves known to Fr Matthew and complete one of the Parish Registration Forms as soon as possible.

Meeting this Week

- Monday:** Lent Faith Formation (2nd Session) in the Hall from 7.45 pm.
Tuesday: Coffee Morning Group in the Pastoral Centre after Mass.
Legion of Mary in the Pastoral Centre at 7.30 pm.
Prayer Group in the Church at 7.30 pm.
Thursday: FHC in the Hall & Pastoral Centre at 7 pm.

Parish - In & Around

RIP: Please continue to pray for the repose of the soul of Esther Deshaut, member of our Parish Council and Teaching Assistant at St Aidan's. Her funeral will take place here **on Friday, 12 April at 11 am**. Please also pray for the repose of the soul of Aleyne Fontanelle, daughter of Mary Fontanelle, who also died last week. Please pray for the families of Esther and Aleyne and all who mourn them. Eternal rest grant to them O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.

COFFEE MORNING: After the 10.30 am Mass this Sunday, (24 March) the St Teresa's Ladies Guild will be having a coffee morning to raise funds for Nazareth House. Raffle tickets will be on sale after all Masses this weekend with the 1st Prize being a £25 M&S Gift Voucher plus several other prizes including a luxury Easter egg! Along with raffle tickets, the ever-popular Easter Chicks & Novelties with Chocolate at £1 each will be on sale with all proceeds going to charity. So, please try and support this fundraising effort and, if you can, do try also to come along to the Hall itself after the 10.30 am Mass.

OFFERTORY COLLECTION: The Offertory collection (inc. Standing Orders) for **last weekend amounted to £985.87 of which 66% was "Gift Aided"**. Thank you all for your continued generosity and support.

MISSIONARY SISTERS APPEAL: The appeal **last weekend** from the Daughters of Divine Love Congregation **raised the magnificent sum of £750.32**. On behalf of Sr Ann and her congregation, grateful thanks to you all for your generosity

CAFOD LENTEN FAMILY FAST DAY: Donations received last weekend for the Lenten Family Fast Day **totalled £247.70**. Many thanks for your generosity.

PIVOTAL PLAYERS - ST THOMAS AQUINAS: On this coming Monday, (25 March) come and learn from Bishop Robert Barron's award-winning documentary series about this 'pivotal player' in the history of our church. Hall doors open, for tea and coffee, from 7.45 pm; film starts 8 pm; discussion until approximately 9.30 pm. See the Poster in the Porch for more information. The two remaining episodes in the series are scheduled for Thursday, 04 April & Monday, 15 April.

FHC GROUP: The next meeting will take place **on this coming Thursday, (28 March)** with the theme "We remember and celebrate". Parents should ensure their son or daughter is in the Hall by 6.55 pm before going themselves to the Pastoral Centre for a prompt 7 pm start. Don't forget to get your Mass Cards signed!

STATIONS OF THE CROSS: This coming Friday, (29 March), and each remaining Friday during Lent at 7.30 pm, you are invited to recall our Lord's journey to Calvary by following the Way of the Cross.

PARISH LENT RETREAT: Next Saturday, (30 March), in the church. The day will begin at 11.30 am and conclude with Holy Hour from 5 pm (with the vigil Mass at 6 pm as usual for those who wish to stay). The day will include input from Fr Matthew, time for quiet prayer, and the opportunity to go to confession. Please bring a packed lunch – hot drinks will be available at lunch time.

LENTEN ALMS GIVING: There are still plenty of CAFOD boxes at the back of the Church for any of your loose change that might accumulate during the remainder of Lent. Please take one away with you and, if you give up sweets, cigarettes etc for Lent, then perhaps you might think about putting the money saved in the CAFOD box to help the more unfortunate people in the world. You should then bring your box back to the Church **on Maundy Thursday for the Mass of the Last Supper**. If you cannot attend that Mass, then please remember to bring the box back at any Mass over Easter and place it in the Offertory collection basket.

RICH MAN POOR MAN MEAL: The annual "Rich Man Poor Man Meal" will be held this year on **Saturday, 06 April** in the Hall. To recap, everyone who buys a ticket will go into a draw and the six or so lucky winners will get to eat at the top table. They will be served a "Rich Man" meal consisting of a sumptuous three course dinner with wine while everyone else will have to settle for the "Poor Man" meal, consisting of a bowl of soup, cheese, bread and water! As the saying goes "You have to be in it to win it", so please make a note in your diaries to come along and support this event. As well as being a fun evening for everyone, all the

money raised will be donated to one of our local charities. Tickets are priced at £5 each and are available from Jane McParland on 07966431232.

OFFERTORY DONATION ENVELOPES: If you currently use the envelope scheme for your weekly Offertory donation and haven't yet collected your new box of envelopes for the coming financial year, **then please do so now from one of the tables at the back of the Church near the Repository.** Also, if you want to start to "Gift Aid" your weekly offertory donation or have any questions about the scheme itself, then please get in touch with Pat Callaghan, the Parish Gift Aid Organiser, on 020 8220 0306 or email patjcallaghan@gmail.com

JEHOVAH'S WITNESSES: You may have noticed an increased presence of Jehovah's Witnesses at Newbury Park station, offering literature in various languages. Whilst we must of course show charity towards these fellow sons and daughters of God, at the same time we should be aware that the Jehovah's Witness movement is NOT Christian. They do not accept that Jesus is the Son of God, fully divine and fully human, who rose from the dead on the third day after his crucifixion in order to reconcile us to his father and give us a share in his eternal life and glory. This is our faith and we are called to share it, but, being 'gentle as doves and wise as serpents', we should also be aware that Jehovah's Witnesses are well trained in how to justify their beliefs and do so with a version of the scriptures which plays down the many references to Christ's divinity. The most important thing we can do is pray for them in, that they and all people may come to know Christ as their divine saviour.

LONDON MARATHON 2019 ON BEHALF OF BCCS: Fr Marek from St Cedd's Parish, Goodmayes is running in the London Marathon on 28 April on behalf of the Brentwood Catholic Children's Society. If you would like to support him, all you need to do is forward a donation to www.mydonate.bt.com/fundraisers/marekpabis2019

TWIN PARISH: Please continue to pray for our brothers and sisters in the parish of Sacred Heart, Pomeroy, in the Diocese of Dundee, South Africa, with whom we are twinned and their parish priest, Fr Mandla Makhanya.

VISITORS: If you are a visitor to St Teresa's then you are most welcome, and we very much hope you enjoy the service you are attending. If you are a tax payer and would like to "Gift Aid" your Offertory donation, then please use one of the special "Gift Aid" envelopes which you will find at the back of the Church.



GOOD COUNSEL NETWORK: Thanks to those participating for the prayers and support you have offered to women and babies facing abortion. Everyone is welcome to come and see how you can help save more lives in London: 40 DAYS FOR LIFE Annunciation Midway Event **on this coming Monday, (25 March)** with 6 pm Mass in St James' Church, Spanish Place, London W1U 3QY (nearest tube: Bond Street) followed by 40 Days event and a buffet in the Hall 6.30 pm-8 pm. For more information please contact Sarah on 07776 256838 or email London40daysforlife@hotmail.com

THE BIG GIVE: The Passage, a Christian Charity working with homeless people in Central London, is raising funds through the Big Give **until 12 noon this coming Tuesday, (26 March)** to support its work with homeless people moving from Street to Home. **Double your Donation, Double your impact.** This is a matched giving scheme for online donations. If someone (can be company, individual or trust) donates £10 online matched giving of £10 would bring the Gift up to £20 (and for individuals to £22.50 with Gift Aid). For more information ring Andrew Hollingsworth 020 75921856 or email andrew.h@passage.org.uk You can make your donation at www.thebiggive.org.uk/theassage2019

CATHOLIC HISTORY WALKS: A number are planned in the coming weeks including - **A Royal Walk towards Buckingham Palace at 3 pm this Sunday, (24 March)** meeting at Westminster Cathedral. (Nearest Tube: Victoria). **"Southwark and the City" on this coming Tuesday, (26 March), at 6 pm and again on Friday, 05 April at 6 pm** meeting at the Church of the Most Precious Blood, SE1 5TN. (Nearest Tube: Borough or London Bridge). **"Catholics, politics, and monarchy: Thomas More, Emancipation and more" on Wednesday, 03 April at 6.30 pm** meeting outside Westminster Cathedral. (Nearest Tube: Victoria). For more information on any of the walks contact chwalkslondon@gmail.com or find us on Facebook or see catholichistorywalks.com Cost: £5, concessions available. Please wear suitable footwear and plan for the weather. Walks may take up to 2 hours.

THE HELPERS OF GOD'S PRECIOUS INFANTS: The next Rosary Procession Vigil, led by Father Jacob Hausman, CFR, is **next Saturday, (30 March)** at St Francis of Assisi Church, Stratford E15 1NS. After Mass at 10.00 am, the Rosary Procession will set off at 10.35 am following an Image of Our Lady of Guadalupe, to the BPAS Abortion Centre, where we pray 15 decades of the Rosary and sing hymns, returning at 12 noon to the church for refreshments. Full details contact 01727832 or email marg@helpersuk.org

THE ESSEX RECUSANT SOCIETY (Brentwood Diocesan Historical Society) will hold its next meeting **at 2.30 pm next Saturday, (30 March)** at The Grange, 93 Queens Road, Brentwood, Essex CM14 4EY. Mr Edward Walsh (Parish Archivist) will speak on 'Our Lady of Lourdes, Wanstead - 100 Years Old.' All are welcome.

SPONSORED SLEEPOUT: Help get the homeless out of the cold! This winter Catholics are leading projects providing 45,000 nights of care, warmth and shelter for the homeless in Essex and East London. Support them! Join 1000 people from across the Diocese sleeping outside for the night at Walsingham House at Abbotswick **on 12-13 April**. No tents! Just you and a sleeping bag. Open to all ages, from 15+. Sponsorship target of £100/participant. Why not ask your company to match fund your sponsorship? Money will help local homeless charities and the work of the BCYS with young people. Mass at 11.15 pm, sleep out Midnight – 7am. Full details and sponsor forms <https://bcys.net/events/sponsored-sleepout-walsingham-house-abbotswick/>

A DAY OF DEVOTION TO THE DIVINE MERCY: The Billericay Padre Pio Prayer invites you to a day of devotion to the Divine Mercy at Walsingham House at Abbotswick, CM14 5SH **on Mercy Sunday, 28 April**. Arrival from 10.30 am for 11 am start. Mass will be at 12 noon. Confession available. The day will end at 3.30pm. Tea and coffee will be available but please bring a packed lunch. Ring Claire Wallis on 01277 658783 if you require further information. All are welcome.

DATE FOR YOUR DIARY: The Diocesan Catholic Charismatic Renewal Service Team are organising A Day of Renewal themed 'The Love of Jesus' which will be held **on Saturday, 18 May** at the Blessed Sacrament Parish, 116 Melbourne Avenue, Chelmsford from 10.00 am until 4pm. Our speaker will be Charles Whitehead and the day will finish with Mass at 3 pm. Coffee and tea will be provided but please bring a packed lunch

BRENTWOOD CATHOLIC CHILDREN'S SOCIETY has several charity places for The Vitality London 10K run **on Monday, 27 May**. This May Bank Holiday event has a lovely atmosphere and takes in many of London's iconic landmarks, finishing in front of Buckingham Palace with all the event facilities, food and entertainment close by in Green Park. For each place, we ask for a pledge to raise a minimum sponsorship of £100 before Gift Aid. For further information, please email Julie at jabbott@bccs.org.uk or call her on 07912 277413.

THE GENDER AGENDA: What does it mean to be male or female? How – and why – are the two sexes different? Come and explore a Catholic perspective at a conference sponsored by the Association of Catholic

Women **on Wednesday, 12 June** at St Mary Moorfields, Eldon Street London EC32M 7LS. Tickets cost £15.00 to include a buffet lunch. Send cheque made out to Association of Catholic Women to ACW, Flat 2, Salamander Court, 135, York Way. London N7 9LG.

BCCS ANNIVERSARY CONCERT: BCCS is delighted to announce that the Northern Irish classical singing trio '**The Priests**' have agreed to hold an Anniversary Concert for us **on Saturday, 15 June at the Brentwood Cathedral at 7.30 pm**. Tickets (£20 plus fee) can be purchased directly through Eventbrite – www.eventbrite.co.uk - look for The Priests under Event, or, click the link on our website www.bccs.org.uk under Our 35th Anniversary/Anniversary Events. We expect this to be a sell-out event and would urge you to book early in order to avoid disappointment.

VOCATIONS DISCERNMENT WEEKEND: Are you a man over thirty, content, but wondering about the direction of your life? Do you sense that you may be approaching a major threshold or turning point? Have you sometimes found yourself wondering whether the priesthood or religious life may be an option? The discernment weekend at St Beuno's in north Wales **next year from Friday, 30 August to Sunday, 01 September**, will take place in a prayerful spirit and aims to provide some tools for discernment about future choices. It will be mainly in silence but there will also be input and the opportunity for one-to-one guidance. Please contact Fr. Graham Smith on 01702465720 or on fr.gjdsmith@gmail.com More details and a booking form for the weekend can be found at <https://www.pathwaystogod.org/courses-events-retreats/discernment-weekend-older-men>.

PILGRIMAGE TO SHRINES OF FRANCE: If you would like any further information about this pilgrimage, which includes visits to Lisieux, Paris, Nevers, Lourdes, Avignon, Ars and Paray le Monial, please contact Celine Bui at Joe Walsh Tours on 02034680617 or e-mail celine.bui@joewalshstours.ie.

PILGRIMAGE TO THE HOLY LAND: **From 07-14 May** with the parishioners from Holy Family Church, Dagenham, led by Fr Stephen Myers. Cost is £1363 per person including flights with El-Al. This price includes half-board accommodation based on shared rooms with private facilities and two lunches. Contact the Parish Office on 020 8592 1634 for further information.

PILGRIMAGE TO AVILA: Based in the heart of Avila – the home of St Teresa of Avila - but also visiting Segovia, Toledo & Salamanca. this pilgrimage, **from 19 - 24 May**, is led by Fr Francis

Coveney. Accommodation is at the Palacio de los Velada in the centre of Avila - see www.hotelpalaciodelosvelada.com/en Full package prices including flights: £870 per person based on twin room (single room supplement £120). For further details or booking please contact Gill at Tangney Tours 01732 886 666 or www.tangney-tours.com

PILGRIMAGE TO LOURDES: Bank Holiday Monday, 27 May to Friday, 31 May with St Helen's, Westcliff on Sea. Flying from Southend airport and staying at the 4* Hotel Grande Moderne on full board basis. Price £545 per Adult based on two sharing a twin room. For further details please ring Sue Baillie on 07979746707.

IN THE FOOTSTEPS OF ST PAUL Fr Eduard-William Fartan from Holy Family in Benfleet is organising a Pilgrimage to Greece to follow in the footsteps of St Paul. Taking place **from Monday, 07 to Sunday, 13 October**, the cost will be £730 per person with a £150 deposit by Wednesday, 01 May required to secure your place. Walking should be light, breakfast and dinner included. Any queries or to register your interest please email priest@holyfamily-church.org or call 01268 799082/01268 792082.

THE PENSIONERS ADVICE SERVICE: The Service continues to provide an East London Pensioners Advice Service **every Thursday from 10.00 am until 1 pm** at Durning Hall Community Centre, Earlham Grove, Forest Gate, E7 9AB. Durning Hall is 2 minutes from Forest Gate Rail station and is disabled accessible. For more information please contact Sally Mulready on 0207 428 0471.

CATHOLIC SINGLES is an organisation which helps single adult Catholics of all ages meet, either one to one or through social events. Please tel. 0161 941 3498, visit the website www.catholicsingles.org.uk or email info@catholicsingles.org.uk

ST CEDD'S CATHOLIC CLUB: Music every Sunday night from 9 pm, admission £5. Social Dancing in the Lower Hall every Monday from 8 pm to 9.30 pm – Learn to Jive, Foxtrot, Quickstep, Waltz and Line Dance. Classes £7 (OAP £5).

ST CEDD'S YOUTH CLUB is a Youth Club based in the middle hall of St Cedd's Church in Blythswood Road, Goodmayes. For Years 5, 6 and 7, it opens from 6 pm to 8 pm and the Senior Youth Club (for all in Year 8 & upwards), runs from 8 pm to 10 pm. All are most welcome, come along for a game of Table Tennis, Badminton or Pool, play on the PS4s, air hockey or table football, or just come along to listen to music and have a chat. Bring a friend on your first night and you can both join for free. Our youth club has been running since 1974 but without new members we will

have to close, please come along and take a look. Any questions please ring John on 07803116729.

NEWSLETTER ITEMS: If you have any items for inclusion in the weekly Newsletter then please email them to admin@stteresasnewbpark.com The copy deadline for including items in the Newsletter **is Thursday 12 noon**. Unfortunately, we cannot guarantee to include all requests we receive in the paper edition but we will make every effort to accommodate articles and insertion requests in the on-line edition including job vacancies.

Job Opportunities.

THE URSULINE ACADEMY, ILFORD is seeking to recruit individuals to join their team of Invigilators to start in April. If you are interested in one of these posts, then please apply at uai.org.uk **before this coming Wednesday, (27 March)**.

THE URSULINE PREPARATORY SCHOOL ILFORD: The Academy is seeking to recruit a part-time Facilities Assistant with an immediate start. Application packs are available from Helen O'Loughlin, at holoughlin@urspsi.org.uk or telephone 020 8518 4050, or via the School website www.urspsi.org.uk